

From WLMHA Handbook

#### 5.10 Hockey Canada Safety Program – Certified Team Officials

According to Hockey Canada Regulation E.1 each team must have a Hockey Canada Safety Program certified team official on the team bench in order that the team be declared eligible for competition. The certified team official may or may not have a second role on the team such as coach, manager, team parent etc. The duties of the certified team official include:

- a) Ensuring safety is the first priority at all times during all hockey-related activities, both on and off the ice.
- b) Implementing an effective risk management program based on prevention of injuries.
- c) Taking on a proactive role in identifying and minimizing risks during all team activities erring on the side of caution.
- d) Promoting and reflecting the values of Fair Play.
- e) Conducting regular checks of players' equipment to ensure proper maintenance, fit and protective quality.
- f) Advising players and parents regarding the purchase of protective equipment.
- g) Promoting proper conditioning and warm-up techniques as effective methods of injury prevention.
- h) Maintaining accurate medical history files on all players and bringing these to all games and practices.
- i) Maintaining a fully stocked First Aid Kit and bringing it to all games and practices.
- j) Implementing WLMHA Emergency Action plan with your team and practicing it regularly to ensure all involved understand their roles.
- k) Recognizing life-threatening and significant injuries.
- l) Stabilizing injured players until the arrival of professional medical assistance.
- m) Managing minor injuries according to basic injury management principles and referring players to medical professionals when necessary.
- n) Recognizing injuries requiring a player's removal from play.
- o) Referring injured players to appropriate medical professionals and coordinating their return to play.
- p) Promoting a healthy lifestyle with all hockey participants by being a good role model while educating participants regarding hygiene, nutrition, performance-enhancing substances, drug and alcohol abuse.
- q) Facilitating communication with players, coaches, physicians, parents, officials and other volunteers regarding safety, injury prevention and players' health status.

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