

PARENT PLEDGE

A.I will not force my child to participate in hockey.

- B. I will remember that my child plays hockey for his or her enjoyment, not mine.
- C. I will encourage my child to play by the rules and to resolve conflict without resorting to hostility or violence.
- D. I will acknowledge and support my child being held responsible to respect and keep clean all arenas and venues we attend for hockey and will understand they will face consequences for violation.
- E. I will refrain from verbal negativity towards team staff, arena staff, VDMHA executive, and fellow teammates and parents. Hockey should be a positive activity in my child's life.
- F. I will not ridicule or yell at any player including my own child for making a mistake or losing a game.
- G. I will remember that children learn by example. I will applaud good plays and performances by both my child's team and their opponents.
- H. I understand that there will be no verbal or physical altercations of the officials tolerated.
- I. I acknowledge that no drug, alcohol, or tobacco products are permitted by players during VDMHA activities this includes in equipment bags.
- J. I will respect and show appreciation for the volunteers who give their time to hockey for my child. I understand no verbal or physical altercation with staff will be tolerated. I will respect the 24 hour rule.
- K. I am responsible for my child's travel arrangements and meals/accommodations when needed. I am responsible for informing staff if my child is not attending including practices and understand that ice may reflect commitment and effort shown.

I/We the parents of	(please print player name), understand that
players will not be permitted to play without	ut signed player/parent pledges and violation of pledge rules
can result in disciplinary action up to and ir discretion of the Disciplinary Chair.	ncluding player removal or parent suspension at the
Parent Name	Parent Name
	, and the same
Parent Signature	Parent Signature
Date	Date



PLAYER PLEDGE

A. I will play hockey because I want to, not because others or coaches want me to.
B. I will play by the rules of hockey and in the spirit of the game.
C. I will control my temper. Verbal or physical abuse of officials will not be tolerated.
D. I will respect my opponents, their coaching staff, arenas, and parents.
E. I will do my best to be a true team player. This includes being committed to attending and being in the best physical and mental condition to be ready to play in both games and practices.
F. I will remember that winning isn't everything – that having fun, improving skills, making friends and doing my best are also important.
G. I understand that poor attitude, commitment, or effort can result reduced ice time.
H. I will remember that coaches and staff are there to help me. I will accept their decisions and show them respect. I will not swear, yell at or create negativity toward them.
I. I will remember that hockey is a privilege and tournaments and activities can be denied at the Disciplinary Chair's discretion.
J. I will refrain from the use of drugs including cigarettes, chewing tobacco, alcohol and illegal substances at all team functions and facilities including in equipment bags.
K. I will refrain from team "initiating" of "hazing". I know bullying of any kind including damage or destruction of others equipment will not be tolerated.
I,(please print player name), understand that players will not be permitted to play without signed player/parent pledges and violation of pledge rules can result in disciplinary action up to and including player removal or parent suspension at the discretion of the Disciplinary Chair.
Player Name Date
Player Signature

