Spruce Grove Ringette Association

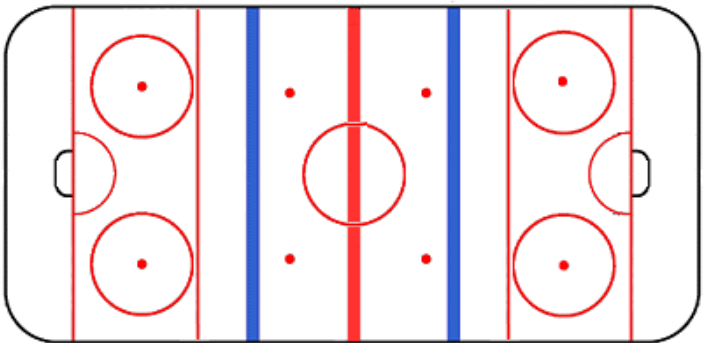
PRACTICE PLAN

Date: _____ **Time:** _____ **Arena:** _____

Drill Name:

Time:

Description:



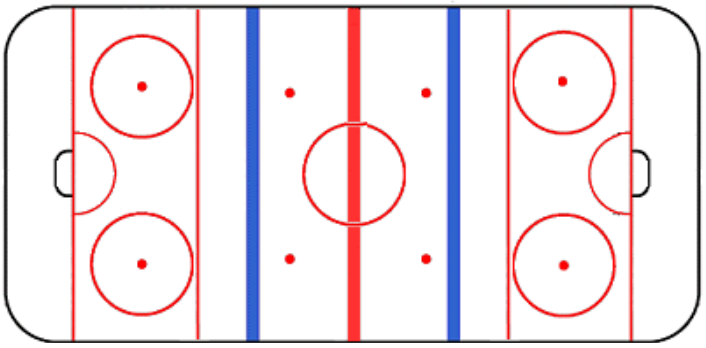
Key Teaching Points (KTP)

Key Execution Points (KEP)

Drill Name:

Time:

Description:



Key Teaching Points (KTP)

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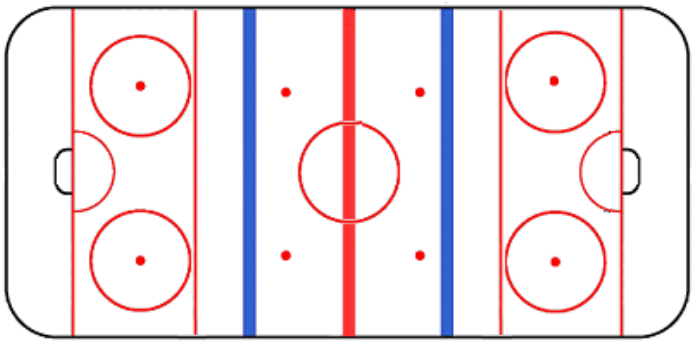
Drill Name:

Time:

Description:



Key Teaching Points (KTP)

Key Execution Points (KEP)