



## **GOLDEN BEARS & PANDAS CURLING**

### **U21 VARSITY TEAM PROGRAM**

- What?** Golden Bears & Pandas Curling has designed this program for the top U21 curlers at the University of Alberta. It combines weekly technical and tactical training with Super League games and an extensive weekend schedule of Junior and WCT competitions.
- Who?** This program is aimed at the top curlers at the University of Alberta with at least one year of U21 eligibility remaining. Please note, there will be at least 2 openings on our Bears U21 team, and at least 1 opening on our Pandas U21 team for the 2018-2019 season.
- When?** Varsity Tactical Practice is on Tuesdays @ 4:15 pm, Technical Practice is on Thursdays @ either 4:00 or 5:00 pm, and Super League is on Wednesdays @ 6:15 pm. Our U21 teams could also play as many as 10 weekend events over the course of the season.
- Where?** All practices and league games take place at the Saville Community Sports Centre. Weekend play includes AJCT and WCT events, along with the Junior Playdowns, and requires travel across the province and potentially beyond.
- Why?** This program exists to provide our top U21 curlers at the University of Alberta with the training and competition that they need to realize their current and future potential. Many curlers from our U21 teams have gone on to excel at the U Sports level and beyond.

**For more information about this program, or our University Try-Out Weekend on February 16-17, 2018, please contact Dana @ [dana.ferguson@ualberta.ca](mailto:dana.ferguson@ualberta.ca)**