



GOLDEN BEARS & PANDAS CURLING

U18 GOLD TEAM PROGRAM

What? Golden Bears & Pandas Curling has designed this program to prepare U18 curlers to excel at the post-secondary level and beyond. It combines weekly training with Super League games and an extensive schedule of weekend U18 and U21 competitions.

Who? This program is aimed at the top U18 curlers either at the University of Alberta or in the Green & Gold Athlete Academy. More specifically, our Bears and Pandas U18 Gold Teams include 2 first-year University of Alberta students and 2 grade 12's.

When? Weekly team practices are held on Mondays @ 4:15 pm, with a technical check-up scheduled later in the week. Our U18 Gold Teams also play a Super League game on Wednesdays @ 6:15 pm, along with as many as 10 weekend events.

Where? All training sessions take place at the Saville Community Sports Centre, which is the home to Curling Canada's National Training Centre. Weekend events include AJCT Bonspiels and the Alberta U18 and Junior Playdowns, and often require travel around the province.

Why? This program exists to provide our top U18 curlers with the training and competition that they need to realize their current and future potential. Many curlers from previous iterations of this program have gone on to excel at the Junior and U Sports levels, and beyond.

For more information about this program, or our University Try-Out Weekend on February 17-18, 2018, please contact Dana @ dana.ferguson@ualberta.ca