



# RICHMOND MINOR HOCKEY ASSOCIATION

P.O. BOX 94488, RICHMOND, BRITISH COLUMBIA V6Y 2V6

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Every player, in all age groups, will be required to have and to wear the following equipment:

- Skates
- Shin pads
- Hockey pants
- Hockey gloves
- Practice jersey (game jerseys will be provided)
- BNQ / CSA approved neck guard
- Shoulder pads
- Elbow pads
- Protective cup (jock strap)
- Garter belt (or other method of holding up socks)
- Hockey socks
- CSA approved helmet with full face mask (no bicycle helmets)
- Hockey stick (not plastic)
- Mouth guard (optional)
- Hockey bag

Players will not be allowed onto the ice unless fully dressed in all of the listed equipment. The mouth guard is an optional piece of equipment but it is strongly recommended that every player wears one. This equipment is required for player safety and in order to comply with Richmond Minor Association's insurance.