



## **RMHA Grizzlies 2015-2016 Season**

**Head Coach –**  
**Assistant Coach –**  
**Assistant Coach –**  
**Assistant Coach –**  
**Trainer –**

### **Parent Meeting**

Welcome to our 2015/2016 Grizzlies hockey season. We are excited to have the opportunity to help develop your child's hockey skills and hope to provide them with a memorable and fun filled experience throughout the entire season.

Below are a number of topics we will review during this parent meeting:

- Introduction of the coaching staff
- Coaching Goals & Philosophy
- Player Conduct - Conduct Agreement & Discipline
- Parental Conduct - Conduct Agreement
- Team Volunteers
- Schedule & Team Communication
- Fund Raising
- Tournaments
- Team Pictures and Memorabilia

### **Coaching Goals**

- Provide players with an environment that promotes respect for team-mates, opposing players, referees, coaches, managers and self.
- Promote a positive learning experience both on and off the ice.
- Challenge our players to become better hockey players and help them understand the game.
- Prepare our players for the *next step* in their hockey development.
- Make this year's hockey experience enjoyable for both hockey players and hockey parents.
- Have fun!



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**Coaching Philosophy** – Our goal this season is to develop your child's hockey skills along with their social skills within a **Team** environment.

Below are the guidelines our players will be requested to follow. As their parents, we ask that you discuss and review the guidelines with your children:

- Work Hard – Players will be expected to work hard, every drill, every shift, regardless of ability. Effort is the key to development.
- Attitude – A player's attitude toward effort is more important than the outcome. We ask that each player give their best effort at all times.
- Individual Skill Development – Basic individual skills are important at this age and practices will be designed to help assist with this development.
- Introduction to Team Concepts – An increased knowledge and development of team concepts will be introduced to the players throughout the season.
- Player's Positions – Various players may be asked to play different positions throughout the season. This does not mean this will be their position for the rest of their hockey career!
- Affiliate Players – Affiliate Players from the division below will be used throughout the year.
- Ice time – Skill level won't always dictate ice time. However, there will be situations where we may need certain players on the ice.
- Mistakes Will Happen – Players will be advised not to worry about making mistakes in the pursuit of learning and improving.
- Team – We are a **Team** at the rink, in the dressing room, on the ice, on road trips and at tournaments.
- Fun – We have all failed if players are not having fun.



## RMHA Grizzlies 2015-2016 Season

### PLAYER CONDUCT AGREEMENT

- For practices, please be dressed and ready to go on the ice at least 10 minutes before start time. No players will be allowed on the ice unless one or more of our coaches are already on the ice. Please attempt to be at the rink not later than 30 minutes prior to practice time, and come prepared – i.e. with water bottles, sharp skates, taped stick, etc. If tardiness becomes an issue, there will be consequences.
- For games, please be dressed and ready to go on the ice 15 minutes before face-off. Players are required to be at the rink 45 minutes prior to every game. Parents are asked to leave the dressing room 15 minutes before the game starts to allow coaches time to prepare players before the game starts. This encourages the team to prepare TOGETHER and helps teach routines (individual & team). If tardiness becomes an issue, there will be consequences.
- Following all games, parents will be asked to wait a few minutes before entering the dressing room. This allows coaches time to discuss the game while it remains fresh in the player's minds. It is an opportune time for players to learn. (This should not exceed 10 minutes).
- Players are expected to clean-up tape, bottles, orange peels, etc. in the dressing room. The dressing room will be as clean when we leave as when we arrived.
- **Behavior such as hitting, pushing, shoving, throwing things, swearing or bullying of ANY kind will not be tolerated at ANY time, in ANY rink, ANY hotel or ANY restaurant. You are not only representing yourself, your family and your team, but Redcliff Minor Hockey and the Town of Redcliff as well.**
- **This type of behavior will be dealt with severely. The first offence the player will be asked to leave the ice during practice or sit during a game. If this behavior persists, the player will sit further games and practices. If this problem continues, or if the initial offence was severe enough, a letter will be sent to the RMHA Executive putting that player's hockey year in jeopardy.**
- **Showing respect for teammates, opposition, referees, coaches, parents and fans is expected at all times. There will be consequences for disrespectful behavior.**
- All statements, digital media postings (Facebook, Twitter, etc.), text messages, etc. that are critical of players, the team, its volunteers, officials or parents are not acceptable. These issues will be dealt with by the Coaches at their discretion.

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## RMHA Grizzlies 2015-2016 Season

<Player Conduct Agreement continued>

- All team members will ensure that any electronic devices that are capable of taking digital or photographic still pictures or video recordings (iPods, cameras, cell phones, etc.) are not used in the dressing rooms at any time. Any abuse of this policy will result in a review by the Executive Committee for further actions / suspensions and possibility turn over the complaint to the RCMP for further review.
- Respect the game, play fairly and win or lose show good sportsmanship.
- Hockey is a **TEAM** sport, not an **INDIVIDUAL** sport. Players will be asked to support their teammates at all times.

PLAYER SIGN & DATE



## RMHA Grizzlies 2015-2016 Season

### PARENT CONDUCT AGREEMENT

- As coaches we require the player's complete attention during practices. Parents are asked to refrain from any visiting at this time. If your child requires your attention we will notify you immediately.
- With our goal of 'mutual respect and good sportsmanship', we ask parents to refrain at all times from negative comments about teammates, opposition, referees and coaches. This includes comments from the stands, in the dressing room or during the ride home from a practice or game. Please encourage your child to pay attention, practice what they have learned, and be positive. We want our players to respect each other regardless of others' abilities or actions.
- Inappropriate behavior of any kind will not be tolerated during games or practices in **ANY** rink by parents or coaching staff. Any such behavior will be immediately dealt with by RMHA Executive
- Keep your support '**Positive**'. This will help all involved enjoy their experience. **Positive cheering** from the stands is rewarding to see and to hear!
- Parents are not to leave players unattended during practices or games without informing the coaches and or Manager. Please assign another contact person in case of an emergency.
- Feel free to bring forth positive ideas that may be beneficial to our **TEAM**. We are all in this together. Our Manager will be happy to field any such ideas and bring them to the attention of the coaching staff.
- Parents are expected to fulfill **ALL** of their player's team obligations (50/50, score clock, score sheet and tournament responsibilities). There will be **NO EXCEPTIONS**. Redcliff is a very small association and it is important that everyone does their fair share.
- Parents are expected to have their player at **ALL** practices and games unless a valid reason is presented. This is part of being a **TEAM**. Failure to do so may result in your player being forced to miss additional games. Please notify the coach or manager if your player will not be at practice or game.
- Place your player's school commitments and homework as a first priority.

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## **RMHA Grizzlies 2015-2016 Season**

<Parent Conduct Agreement continued>

- Tournament and Road Trip conduct – Parents are asked to supervise your own children. This will include having players in bed at a reasonable time as well as controlling your player's social behavior and activities. We want players to act respectable as well as have the energy to play our games to the best of their ability.
- All statements, digital media postings (Facebook, Twitter, etc.), text messages, etc. that are critical of players, the team, its volunteers, officials or parents are not acceptable. These issues will be dealt with by the Coaches at their discretion.
- All team members will ensure that any electronic devices that are capable of taking digital or photographic still pictures or video recordings (iPods, cameras, cell phones, etc.) are not used in the dressing rooms at any time. Any abuse of this policy will result in a review by the Executive Committee for further actions / suspensions and possibility turn over the complaint to the RCMP for further review.

**Code of Conduct Agreements – All players and parents are required to sign their respective Conduct Agreements.** The player will not be able to play **ANY** games until both agreements have been handed in to the team manager.

### **Parent/Player Complaint Protocol:**

**Coach meeting** – If you feel strongly that you require a meeting with the head coach or coaching staff, please feel free to **contact the Manager first** to arrange a mutually convenient time. RMHA and Hockey Alberta rules state that you must **wait 24 hours** until making the call to allow yourself some time and distance to think.\*

**RMHA meeting** – If you remain dissatisfied with the outcome of the 'Coach meeting', your next step is to contact your Division Director to forward your complaint to the RMHA Executive on your behalf.\*

\* Parents are to follow proper Complaint Protocol as outlined above, in the RMHA Handbook, in Hockey Alberta Bylaws and CAHL Rules. Breaking this protocol can result in serious consequences for our team and association. We DO NOT WANT the actions of any one of our players or parents to put RMHA in poor standing with either Hockey Alberta and/or CAHL. Be thoughtful about your actions!

**“SET THE EXAMPLE FOR OUR KIDS!”**

PARENT(S) SIGN & DATE



## RMHA Grizzlies 2015-2016 Season

### Volunteers Needed:

**Manager** \_\_\_\_\_  
**Director** (elected at AGM) \_\_\_\_\_  
**Treasurer** \_\_\_\_\_  
**Jersey Manager (Home)** \_\_\_\_\_  
**Jersey Manager (Away)** \_\_\_\_\_  
**Fundraising Coordinator** (to assist Team Mgr.) \_\_\_\_\_  
**50/50 Coordinator** (to assist Team Mgr.) \_\_\_\_\_  
**Tournament Coordinator** (to assist Team Mgr.) \_\_\_\_\_  
**Support Staff** (score clock and score sheet) \_\_\_\_\_

### Start Up Fee:

Due by October 15<sup>th</sup> (to be discussed) Amount \$ \_\_\_\_\_

### Tournaments:

Total preferred \_\_\_\_\_  
 # Local (within 90 minute drive) \_\_\_\_\_  
 # Away (between 90 minute and 4 hour drive) \_\_\_\_\_

### Extra Ice Time:

Exhibition Games    No    Yes    How Often? \_\_\_\_\_  
 Extra Practices       No    Yes    How Often? \_\_\_\_\_

### Team Memorabilia:

Indicate your interest in:

Team Coats                    No    Yes                    Hats                    No    Yes  
 Track Suits                    No    Yes                    Hoodies                No    Yes  
 Other: \_\_\_\_\_            No    Yes

### IMPORTANT 2014-2015 SEASON DATES:

**AGM IS SEPTEMBER 30<sup>th</sup> at 6:30 p.m. AT THE RINK**

**TIERING ROUNDS WILL START OCTOBER 18<sup>th</sup> & 19<sup>th</sup>**

**TIERING ROUNDS TO BE COMPLETED BY NOVEMBER 9<sup>th</sup>**

**TIERING BREAK NOVEMBER 15<sup>th</sup> & 16<sup>th</sup>**

**REGULAR SEASON RUNS FROM NOVEMBER 22<sup>nd</sup> TO FEB 15<sup>th</sup>**

**CHRISTMAS BREAK DECEMBER 24<sup>th</sup> TO JAN 1<sup>st</sup>**

**PLAYOFFS START FEBRUARY 21<sup>st</sup>**



## RMHA Grizzlies 2015-2016 Season

### TEAM OPERATIONS

#### 1. Team Volunteers – TBD

**NOTE – The manager will be involved in co-coordinating and fulfilling many team duties. This can become a time consuming effort so volunteers from our parent group is a must!**

2. **Communication** – Please provide our Manager with your e-mail addresses and all applicable phone numbers. The manager will e-mail families a contact list once it has been compiled.

3. **Schedule** – Once our schedule is confirmed, our team Manager will email it to you.

#### 4. Team Finances – TBD - Manager

- Initial 'start-up fee' – suggested \$\_\_\_\_\_ per family (discussion). Fee to be PAID TO TEAM no later than October 15<sup>th</sup> - No exceptions!! We do not want to have to chase you.
- Fundraising options – discussion

5. **Tournaments** – We would like to arrange to participate in our tournament and \_\_\_\_ out-of-town tournament(s). Our Manager will keep the parent group updated on the potential dates & arrangements. There may also be additional opportunities which we will bring to the groups' attention once our league schedule is finalized.

#### 6. Team Memorabilia – TBD - Discussion

- Coats/Track suits/Hats/Hoodies
- Further ideas
- Sponsorship(s)

7. **Team & Individual Photo** - Location and time will be arranged by your Manager. Your Manager will notify you when this has been set-up.