



NOVA SYNCHRO CLUB

Things to Bring:

- Routine Suits & Head Pieces (team, duet, solo)
- NOVA cap
- NOVA club suit
- Figure suit & White cap
- Nose plugs (3-4 minimum)
- Goggles
- Towels (2 minimum)
- Water bottle & snacks
- Landrill CD/iPod
- Club Apparel
 - Red NOVA tank
 - black shorts
 - black pants
 - NOVA jacket
 - Deck shoes (if required)
 - Runners
- NOVA bag/Swim bag
- Hair stuff
 - Knox gelatin
 - gel container (tupperware) & spoon/fork/ tiny whisk
 - paint brush to paint on gelatin
 - circular hair comb
 - bobby pins & hair pins
 - hair elastics
 - hair nets
 - hair brush
- Make up
 - Lip stick, eye shadow, water-proof eye liner & mascara (bring your own)

For Out of Town Meets:

- Toiletries & PJ's
- Underwear and socks
- Warm jacket/fleece/hoodie just in case
- Black pants/other color long pants
- Log book (if you have one)
- Banquet outfit (no jeans!)
- Extras
 - spending \$, camera, book, cell phone, cards/games, homework