



RallyCap baseball is a skill building program for young players and new prospective coaches. This level of baseball is designed for children aged 4-7 years old. If this is your child's first year of baseball and they are 3 or 4 years old then we would suggest our ["introduction to baseball"](#) program. If you are unsure what level of ball is best suited for your child please contact the Rallycap director: [rallycapdirector@leducbaseball.ca](mailto:rallycapdirector@leducbaseball.ca)

Please feel free to check the website to gain some understanding of what the RallyCap program is all about.

<https://www.baseball.ca/rally-cap-initiation-program>

RallyCap usually begins around the first week of April with 4 weeks of indoor practicing at the LRC field house & curling rink. All indoor RallyCap clinic sessions will be on Mondays and Wednesdays from 6pm-7pm. It will start with two days of evaluations where players will perform different tasks and then earn a colored baseball Rally cap. Team creation will commence once skill levels are evaluated. Ideally, teams will consist of 6-9 players per team, but this number can vary dependent upon the number of volunteer coaches. Coaches will be trained and have opportunity to get involved with the clinics offered throughout the season. It is also a great opportunity for parents, grandparents, aunts & uncles to get involved coaching, assist coaching or to just be a helper on the sidelines. Without volunteers these seasons of ball could not be possible.

If this is something you would be interested in please fill out a [Coaching Application](#).

We also understand the commitment required, so to show our appreciation, you may be eligible to have 1 or both of your volunteer commitments fulfilled.

All out-of-pocket cost training costs will be reimbursed.

Here is the link for any Canadian baseball coaching certifications. <https://nccp.baseball.ca/>

After our indoor sessions are completed, we will go outside (weather permitting), for every Monday and Wednesday night from 6-7pm (location TBA). There will be another evaluation towards the end of the season to demonstrate new skills, show an increase in skills, and potentially earn their next level of colored cap.

The objectives at this level are to focus on teaching proper throwing mechanics, catching, fielding ground balls, hitting and base running. Thru active participation players will continue to develop their personal and team skills.

If you have any questions or concerns please contact our RallyCap director.  
[rallycapdirector@leducbaseball.ca](mailto:rallycapdirector@leducbaseball.ca)