



**Leduc Baseball Association**

**Suite 726, 101- 5101-50<sup>th</sup> Avenue**

**Leduc, Alberta T9E 0B9**

**Learn it, Live it, Love it**

### **Introduction to Baseball**

Introduction to baseball is for players that are 3 & 4 years old and have had little to no experience. Since this is a young age group parent help is recommended. It will require 1 head coach, 2 assistants and many parent supporters. Training will be provided and equipment will be modified to maintain safety without compromising on skill building exercises. Introduction to baseball will start once, (weather permitting), we move outside and are playing in the fields/diamonds. It will be held at the same location as RallyCap It will run for 6 weeks from the beginning of May until the middle of June every Monday & Wednesday from 6:15 pm-7:00 pm.

The objective at this level is to introduce young players to the basics of baseball (throwing, catching, base running, batting and team play). This is a beginner program for those that are young and have had little to no experience playing baseball. Upon completion of this program the participant will earn their RallyCap report card and introductory white colored Rallycap.

Cost for the program is \$40 and does not require any extra volunteer commitments. If you have an interest in helping coach this program please fill out a [Coaching Application](#).

If you have any questions or concerns please contact the RallyCap director.

rallycapdirector@leducbaseball.ca