

Players will not be officially registered until both the player and a guardian/parent sign the registration form. Failure to adhere to the principles outlined in the Code of Conduct will result in disciplinary actions set forth at the discretion of the IMHA Board of Directors.

Team: \_\_\_\_\_

#### **Code of Conduct Agreement – For Players**

1. I will play hockey because I want to, not just because my parents or others want me to.
2. I will play by the rules of hockey, and in the spirit of the game.
3. I will control my temper. I realize that fighting and “mouthing off” spoil the activity for everyone involved.
4. I will respect my opponents.
5. I will do my best to become a true team player.
6. I will remember that winning isn’t “everything”. It is also important to have fun, improve my skills, make friends, and try to do my best.
7. I will acknowledge all good plays and performances, including those of my teammates and of my opponents.
8. I will remember that coaches and officials are there to help me. I will accept their decisions and show them respect.

#### **Code of Conduct Agreement – For Parents**

1. I will not force my child to participate in hockey. I will realize it is something he/she wants to do.
2. I will remember that my child plays hockey for his/her enjoyment – not for mine.
3. I will encourage my child to play by the rules and to resolve conflicts without resorting to temper tantrums, hostility, or violence.
4. I will teach my child that doing one’s best, having fun, making friends, and improving his/her skills is as important as winning. By doing so, my child will not feel defeated by the outcome of the game.
5. I will make my child feel like a winner by offering praise for competing fairly and trying his or her hardest.
6. I will never ridicule or yell at my child for making a mistake or for losing a game.
7. I will remember that children learn best by example. I will applaud good plays and performance by my child, by his/her teammates, and by his/her opponents.
8. I will never question the official’s judgement or honesty – in public.
9. I will support all efforts to remove verbal and physical abuse from all children’s hockey games.
10. I will respect and show appreciation for the volunteer coaches who give their time to teach my child the game of hockey.
11. I will show respect to all other spectators and will not confront anyone in a negative, critical, or detrimental manner.

## **IRMA MINOR HOCKEY ASSOCIATION (IMHA) Written & Cyber Bullying Statement**

IMHA is committed to help reduce and prevent the bullying of participants by players, coaches, managers, and parents/guardians. Written and cyber bullying is defined as harmful actions that are communicated via written or electronic media and are intended to embarrass, harm, or slander another participant. Some examples of the bullying policy are:

1. Continually criticizing the target's abilities.
2. Blaming the target of the bullying for mistakes.
3. Repeated insults or put downs of the target.
4. Denying discounting the targets accomplishments.
5. Threats of and actual physical violence toward the target.

Written and/or cyber bullying in IMHA will be dealt with as per the following:

It is the policy of the IMHA that harassment and bullying in all its forms will not be tolerated. Accordingly, all IMHA personnel (staff, volunteers, team, or on-ice officials) and partners (parents, guardians) are responsible for making every reasonable effort to uphold this commitment. Specifically, this includes refraining from harassing or bullying behaviours, responding promptly and informally to minor incidents or harassment or bullying behaviours, responding promptly and informally to minor incidents of harassment or bullying and following local or national policy guidelines for reporting or responding to more serious complaints of harassment or bullying. Players and other participants are expected to refrain from harassing or bullying behaviours and are encouraged to report incidents of harassment or bullying. With technology at the forefront, this policy also includes incident of bullying using electronic media or "cyber bullying".

Cyber bullying is the use of information and communication technologies such as e-mail, cell phone and pager text messages, instant messaging, personal Web sites, online personal polling Web sites, social networking Web sites such as MySpace, Facebook, Twitter, message boards forums, and or chat rooms, to support deliberate, repeated, or hostile behaviour by an individual or group that is intended to harm others.

Cyber bullying includes, but is not limited to, harassing, teasing, defaming, intimidating, or threatening another person by sending or posting inappropriate and hurtful e-mail messages, instant messages, text messages, digital pictures or images, Web site postings, or blog postings.

Cyber bullying occurs between people at any age. It is inappropriate behaviours that are typically cruel, demeaning, and hostile toward the bullying targets (most commonly occurs between children under the age of twelve) but may also constitute behaviours between youth or between adults.

The following is a non-exhaustive list of tactics used by bullies to control their targets:

- Continually criticizing the target's abilities.
- Blaming the target of the bullying for mistakes.
- Public ridicule of target and/or family members.

- Making unreasonable demands related to performance.
- Repeated insults or put downs of the target.
- Repeated threats to remove or restrict opportunities or privileges.
- Denying or discounting the targets accomplishment.
- Threats of and actual physical violence.

Individuals who feel that they have been victims of such misuses of technology or know someone being cyber bullied or perpetrating cyber bullying should not erase the offending material from the system. They should print a copy of the material and immediately report the incident to their respective IMHA director. All reports of harassment in cyberspace will be investigated fully through the IMHA disciplinary committee. Sanctions may include, but are not limited to, suspensions, removal from the association, and referral to local law enforcement.

- Information will be gathered from sources pertaining to the incident and reviewed by the Board.
- First offence under the policy is a three (3) game suspension. This includes being banned from the arena during all IMHA events.
- Second offence is an indefinite suspension. The offender will remain under suspension and banned from the arena during all IMHA events while the case is investigated and dealt with by the IMHA.

**Note:** Should there be a need for RCMP involvement, all information will be passed to the local authorities.

***I/we the undersigned have read and agree to the terms above and will adhere to them throughout the 2015 – 2015 hockey season. I/we understand that the Irma Minor Hockey Association Board of Directors may use this agreement for discipline purposes if not all the terms are complied with.***

\_\_\_\_\_  
Player Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent /Guardian Signature

\_\_\_\_\_  
Date