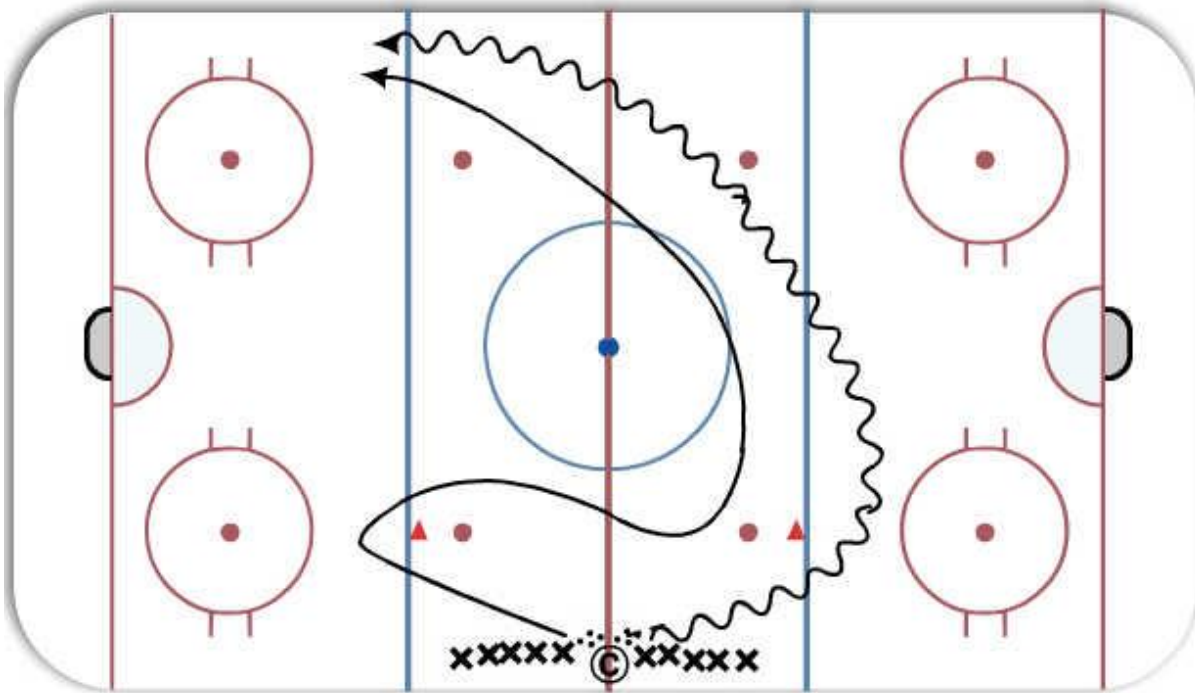


NZ Angling



Description

Two line on either side of red line. on whistle coach spots a puck on any side. Player with the puck becomes offensive player, player without the puck becomes defensive player.

Teaching: Defensive player must close the gap and get up ice as quick as possible. first steps should be towards the outside of the offensive player with his stick in the outside lane, forcing offensive player to commit to one lane. defensive player must match foot-speed with offensive player and take a proper angle as to steer the offensive player to the wall before the blue line.

have player play out the one on one. finish with a single shot on net.

Key Points: Closing Gap, Angling,