

DRUMHELLER MINOR HOCKEY

SAFETY POLICY

Objective:

To ensure all players and player personnel are safe on and off the ice and adhere to safety requirements of Hockey Canada.

Policy Statement:

All players and player personnel must adhere to the Safety Policy at all times.

Policy Guidelines:

Key components of promoting a strong safety culture for the participants in DMHA include the following:

- assessing, mitigating and minimizing the health and safety risks arising from hockey;
- consulting with others on health and safety risks and best practices;
- providing and/or promoting a safe playing environment and safe equipment;
- providing information, instructions, supervision and training of coaches and other volunteers;
- preventing accidents and reporting accidents to look for future mitigation opportunities;
- communicating and promoting safety; and
- reviewing and revising this policy as necessary.

Coaching Safety Guidelines

- Have a first aid box with you at all times, and know how to use it for minor injuries and when to summon help for major injuries;
- Always have access to a mobile phone for contacting the emergency services;
- Check that facility equipment and personal equipment is kept in a good state of repair and is suitable for the age and ability of the players and where necessary, in compliance with the policies of the Central Alberta Hockey League or Hockey Alberta (see Helmets below);
- Make sure that players are appropriately dressed for the activities;
- Familiarise yourself with any emergency procedures appropriate for the particular venue.
- Check that your training areas are safe and free from obstacles;
- Attend sports specific and generic training courses;
- Maintain a register of players, together with medical information and emergency contact details and familiarize yourself with any player specific medical requirements or conditions;
- Establish participants' previous experience, and schedule the frequency and length of practice and games to take into account the age and ability of players;
- Report, to the President of the DMHA, any injury resulting in a player injured seriously enough to require emergency medical attention or to miss more than eight games (Injury Form is required) and require a written doctor's note prior to return to play of a player who is affected by such an incident.
- Promote a culture of safety amongst you team; and
- Raise any concerns with the President of the DMHA.

Coaching Safety Training Requirements

All teams with DMHA must adhere to the safety training requirements of Hockey Alberta. By December 31st of each hockey season, all teams must have one player personnel individual carded to the team, who is in on the bench at all times, who have the following training:

- Hockey Canada Safety Program (HCSP) - The certification for HCSP program is valid for a period of three (3) hockey seasons from the date of the clinic attended to August 01 of the third hockey season. The eight hour program is a simple approach to safety and injury prevention. The Safety Program is designed to play an important role in improving the quality of play for all hockey participants. The program is an integral component in maintaining hockey as a safe and enjoyable activity for all concerned while stressing safety as the number one priority.
- Speak Out - The completion of the Speak Out Course is valid indefinitely. This program is a positive, preventative, pro-active seminar designed to increase awareness and provide education for our adult volunteers on the larger societal issue of safeguarding the physical, emotional, and moral well being of our children.

Helmets

At all times while on the ice, all players, player personnel, and referees must wear a CSA approved helmet with a CSA approved facial protector (except player personnel) and the helmet is to be securely fastened with a chin strap.