



**DELBURNE
MINOR HOCKEY
ASSOCIATION**

**HOME OF THE
OUTLAWS!**

Please register by September 25 2015.

To register please complete form and mail
with cheque to Delburne Minor Hockey at

PO Box 267
Delburne, AB
T0M 0V0

Questions? Please send them to
delburneminorhockey@outlook.com

Delburne Minor Hockey Association

Box 267

Delburne, AB

T0M 0V0

www.delburneminorhockey.com
delburneminorhockey@outlook.com

Delburne Minor Hockey Conditioning Camp

October 2-3 2015



Registration Form:

Skater Name: _____

Birthdate: _____

Parent(s): _____

Category (circle team player will be on):

Novice

Atom

Pee wee

Bantam

Midget

Allergies/Medical Conditions:

Phone: _____

Email: _____

Mailing
Address: _____



DMH Conditioning Camp

- **Dates:** October 2-3 2015
- **Location:** Delburne Arena
- **Cost:** \$100/skater
- **Age:** Novice and older
- **Time:** TBA depending on numbers registered

Coaches for the camp

- Camp will be ran by Tom Bast and his team of instructors



Supplies to Bring

- water bottle
- full hockey equipment (out skater)
- bag lunch or money for concession
- good attitude

Features:

- 1.) Confidence Building
- 2.) Skills Development
- 3.) Drills
- 4.) Puck handling
- 5.) Shooting
- 6.) 3 hours of on-ice time (1 hour session Friday and two 1 hour sessions Saturday)

