

# WORLD PRO GOALTENDING- Skills Assessment Chart

## Bantam & Midget



Association: \_\_\_\_\_

Date: \_\_\_\_\_

|  |   | Total Pts   | Goalie # |      |  |
|--|---|---|----------|------|--|
|  |   |   | total // | Mark |  |
| Technical Evaluation - Ability to Execute the Techniques Properly / 70 | <b>1</b>  | <b>ATHLETICISM</b>  | 15       |      |  |
|  | 1.1   | <b>Speed / Power / Strength</b> Being able to generate speed, power and show good overall body strength.  | 5        |      |  |
|  | 1.2   | <b>Flexibility / Balance</b> Being able to show good width in the butterfly, get low in the stance and maintain good balance at all time.                         | 5        |      |  |
|  | 1.3   | <b>Hand / Feet -Eye Speed</b> Being able to quickly see the puck off the sticks and react in time to make the save.   | 5        |      |  |
|  | <b>2</b>  | <b>MAKE UP/INTANGIBLES</b>  | 15       |      |  |
|  | 2.1   | <b>Competitiveness Level</b> Showing a strong desire to stop the puck and the ability to never give up on plays. Being able to come through in tough situations.  | 5        |      |  |
|  | 2.2   | <b>Consistency</b> Being able to play at the same level for the entire session, no matter what the circumstances are.   | 5        |      |  |
|  | 2.3   | <b>Hockey Sense</b> Being able to make the proper save selections, and being aware of surroundings.   | 5        |      |  |
|  | <b>3</b>  | <b>STANCE and POSITION AT POST</b>  | 5        |      |  |
|  | 3.1   | <b>Width / Flexion</b> Being able to get in a position that favorite mobility (in skating and going down).  | 2        |      |  |
|  | 3.2   | <b>Compactness</b> Being able to show very few openings to the shooter, which maximize save efficiency.   | 2        |      |  |
|  | 3.3   | <b>Hand / Stick Position</b> Being able to place hands in a position that facilitate their use and stick in position that favorite its use in and after the save. | 1        |      |  |
|  | <b>4</b>  | <b>SKATING</b>  | 10       |      |  |
|  | 4.1   | <b>Big Pushes</b> Being able to quickly and efficiently pivot and load in preparation for a T-Push and pushing with power.  | 5        |      |  |
|  | 4.2   | <b>Small Adjustments</b> Being able to follow the play quickly while staying square and being able to adjust to the depth of the play.                            | 2        |      |  |
|  | 4.3   | <b>Goal Line</b> Being able to keep the body in a position that allows for easy repositioning at the post and being able to keep the eyes on the puck.            | 3        |      |  |
|  | <b>5</b>  | <b>CONCEPTS OF POSITIONING</b>  | 10       |      |  |
|  | 5.1   | <b>Middle / Set</b> Being able to quickly and efficiency take away the middle of the net.   | 4        |      |  |
|  | 5.2   | <b>Depth</b> Being able to get to or retreat to the appropriate depth for a giving play and doing it while respecting concepts of "middle" and "set".             | 3        |      |  |
|  | 5.3   | <b>Control / Choppiness</b> Being able to control/maintain/ adjust in the depths with control, precision and balance.   | 3        |      |  |
|  | <b>6</b>  | <b>THE BUTTERFLY</b>  | 10       |      |  |
|  | 6.1   | <b>The drop</b> Being able to drive knees together and bring the hips forward for a quick and efficient drop.   | 4        |      |  |
|  | 6.2   | <b>On the Ice</b> Being able to have knees together, hips slightly back, chest up, and elbows in ribs while down.   | 3        |      |  |
|  | 6.3   | <b>The Save</b> Being able to remain calm in the save or to execute controlled extensions if needed.  | 3        |      |  |
|  | <b>7</b>  | <b>REBOUND CONTROL</b>  | 7.5      |      |  |
|  | 7.1   | <b>Low Shots</b> Being able to direct pucks to the corners or to keep them immediately in front.  | 3        |      |  |
|  | 7.2   | <b>In the Body</b> Being able to contain pucks in the body.   | 2        |      |  |
|  | 7.3   | <b>Loose Pucks</b> Being able to covering the puck quickly and safely or to push the puck away from danger.   | 1.5      |      |  |
|  | <b>8</b>  | <b>GLOVES and BODY REACTIONS *</b>  | 5        |      |  |
|  | 8.1   | <b>Catcher and Blocker</b> Being able to track the puck all the way to the glove with good head movement, while staying square to the puck.                       | 4        |      |  |
| 8.2  | <b>Elbow Saves / Shoulder Leans</b> Being able to take away the top part of the net close to the shoulders and head using elbows and leaning with arms and shoulders. | 1   |          |      |  |
| <b>9</b>   | <b>THE BUTTERFLY SLIDE **</b>   | 5   |          |      |  |
| 9.1  | <b>Speed and Path of Direction</b> Being able to quickly and efficiently transition from the stance to the butterfly with speed and power.                            | 2   |          |      |  |
| 9.2  | <b>Compact/Calm in Save</b> Being able to take away the middle and bottom of the net while transitioning and being controlled in the saves.                           | 2   |          |      |  |
| 9.3  | <b>After the Save</b> Being able to quickly find the puck after the save and make the proper decision as for what to do next.   | 1   |          |      |  |
| <b>10</b>  | <b>DOWN MOVEMENTS***</b>  | 5   |          |      |  |
| 10.1   | <b>Pushes</b> Getting to a puck quickly while taking away the bottom and middle of the net.   | 3   |          |      |  |
| 10.2   | <b>The Knee Shuffle</b> Taking way the bottom of the net / Making small adjustments while keeping 5-hole closed.  | 1   |          |      |  |
| 10.3   | <b>Extensions</b> Taking away space at the bottom without moving the entire body.   | 1   |          |      |  |
| <b>11</b>  | <b>AFTER THE SAVE - RECOVERIES</b>  | 7.5   |          |      |  |
| 11.1   | <b>Selection</b> Being able to make the right decisions in the recoveries: down recovery or getting up.   | 4   |          |      |  |
| 11.2   | <b>Speed / Execution</b> Being able to move to the puck in an efficient manner with speed and control following the concepts of middle /set / depth.                  | 3.5   |          |      |  |
| <b>12</b>  | <b>THE KNEE DROP ****</b>   | 2.5   |          |      |  |
| 12.1   | <b>From Above the Goal Line</b> Being able to take away the bottom and top of the net, while favoring good rebound control with puck staying on the short side.       | 1.25  |          |      |  |
| 12.2   | <b>From Below the Goal Line</b> Being able to take away the bottom of the net (short side), while maintaining a position that allows good coverage of the goal line.  | 1.25  |          |      |  |
| <b>13</b>  | <b>THE LEG DROP / LEG DOWN ****</b>   | 2.5   |          |      |  |
| 13.1   | <b>Already at the post</b> Being able to take away the bottom of the net while being able to keep the rebound on the short side and to compete for the puck.          | 1.25  |          |      |  |
| 13.2   | <b>Going Down</b> Being able to land at the post in a position that allows to take away the bottom of the net and facilitate a quick recovery.                        | 1.25  |          |      |  |

\* Gloves and Body Reactions: If goalie does not use one of the two skills, the points go to the other element of that skill  
 \*\* Butterfly Slide: In the case the goalie prefers pushing on his feet and execute a butterfly, the points will be split equally between Skating, Concepts of Positioning and The Butterfly  
 \*\*\* Down Movements: If goalie does not use Knee shuffles or extensions, the points go to Pushes  
 \*\*\*\* Knee Drop / Leg Down / Butterfly: In drills around the post, the points go the the techniques used by the goalie