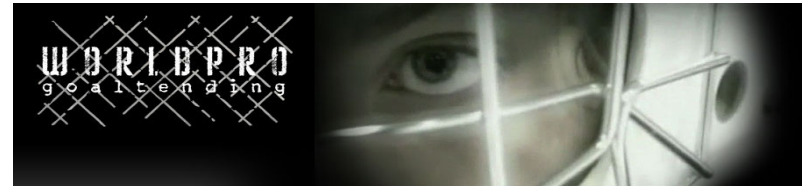


# WORLD PRO GOALTENDING- Skills Assessment Chart

## Atom



Association: \_\_\_\_\_

Date: \_\_\_\_\_

		Value	total /7	Mark
Technical Evaluation - Ability to Execute the Technique Properly / 70	<b>1 ATHLETICISM</b>	15		
	1.1 <b>Speed / Power / Strength</b> Being able to generate speed, power and show good overall body strength.	5		
	1.2 <b>Flexibility / Balance</b> Being able to show good width in the butterfly, get low in the stance and maintain good balance at all time.	5		
	1.3 <b>Hand / Feet -Eye Speed</b> Being able to quickly see the puck off the sticks and react in time to make the save.	5		
	<b>2 MAKE UP/INTANGIBLES</b>	15		
	2.1 <b>Competitiveness Level</b> Showing a strong desire to stop the puck and the ability to never give up on plays. Being able to come through in tough situations.	5		
	2.2 <b>Consistency</b> Being able to play at the same level for the entire session, no matter what the circumstances are.	5		
	2.3 <b>Hockey Sense</b> Being able to make the proper save selections and being aware of surroundings.	5		
	<b>3 STANCE</b>	5		
	3.1 <b>Width / Flexion</b> Being able to get in a position that favorite mobility (in skating and going down).	3		
	3.2 <b>Compactness</b> Being able to show very few openings to the shooter, which maximize save efficiency.	1		
	3.3 <b>Hand / Stick Position</b> Being able to place hands in a position that facilitate their use and stick in position that favorite its use in and after the save.	1		
	<b>4 SKATING</b>	15		
	4.1 <b>Big Pushes</b> Being able to quickly and efficiently pivot and load in preparation for a T-Push and pushing with power.	8		
	4.2 <b>Small Adjustments</b> Being able to follow the play quickly while staying square and being able to adjust to the depth of the play.	4		
	4.3 <b>Goal Line</b> Being able to keep the body in a position that allows for easy repositioning at the post and being able to keep the eyes on the puck.	3		
	<b>5 CONCEPTS OF DEPTH</b>	10		
	5.1 <b>Middle / Set</b> Being able to quickly and efficiency take away the middle of the net.	4		
	5.2 <b>Depth</b> Being able to get to or retreat to the appropriate depth for a giving play and doing it while respecting concepts of "middle" and "set".	3		
	5.3 <b>Control / Choppiness</b> Being able to control/maintain/ adjust in the depths with control, precision and balance.	3		
	<b>6 THE BUTTERFLY **</b>	10		
	6.1 <b>The drop</b> Being able to drive knees together and bring the hips forward for a quick and efficient drop.	4		
	6.2 <b>On the Ice</b> Being able to have knees together, hips slightly back, chest up, and elbows in ribs while down.	3		
	6.3 <b>The Save</b> Being able to remain calm in the save or to execute controlled extensions if needed.	3		
	<b>7 REBOUND CONTROL</b>	7.5		
	7.1 <b>Low Shots</b> Being able to direct pucks to the corners or to keep them immediately in front.	3		
	7.2 <b>In the Body</b> Being able to contain pucks in the body.	2.5		
	7.3 <b>Loose Pucks</b> Being able to covering the puck quickly and safely or to push the puck away from danger.	2		
	<b>8 GLOVES</b>	2.5		
	8.1 <b>Catcher and Blocker</b> Being able to track the puck all the way to the glove with good head movement, while staying square to the puck.	2.5		
	<b>9 THE BUTTERFLY SLIDE</b>	5		
	9.1 <b>Speed and Path of Direction</b> Being able to quickly and efficiently transition from the stance to the butterfly with speed and power.	3		
	9.2 <b>Compact/Calm in Save</b> Being able to take away the middle and bottom of the net while transitioning and being controlled in the saves.	1		
9.3 <b>After the Save</b> Being able to quickly find the puck after the save and make the proper decision as for what to do next.	1			
<b>10 DOWN MOVEMENTS*</b>	5			
10.1 <b>Pushes</b> Getting to a puck quickly while taking away the bottom and middle of the net.	4			
10.2 <b>The Knee Shuffle</b> Taking way the bottom of the net / Making small adjustments while keeping 5-hole closed.	1			
<b>11 AFTER THE SAVE - RECOVERIES</b>	10			
11.1 <b>Selection</b> Being able to make the right decisions in the recoveries: down recovery or getting up.	5			
11.2 <b>Speed / Execution</b> Being able to move to the puck in an efficient manner with speed and control following the concepts of middle /set / depth.	5			

\*Down Movements: If goalie does not use knee shuffles or extensions, the points go to Pushes

\*\* Knee Drop / Butterfly: In drills around the post if the goalie does not use one or two of the techniques, the points go to the techniques used by the goalie