

### Summary of Retreat Line Presentation

Small sided programs and leagues across all regions of the province have been implementing the retreat line to assist with player development.

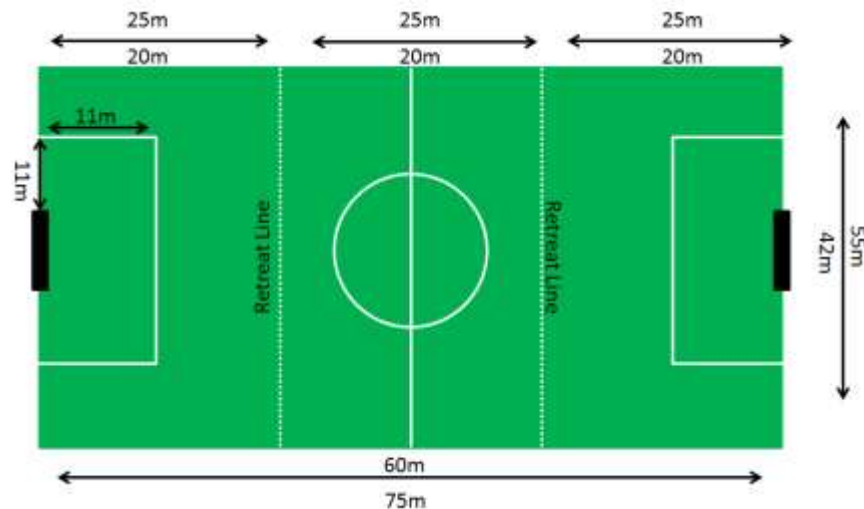
This development tool allows more young players the opportunity to learn how to move the ball up the field with possession style soccer and also gain confidence with the ball at their feet, rather than aimlessly kicking it away.

#### **About:**

The retreat line development tool adjusts two (2) small sided laws of the game

#### 1. Field of Play

- a. Introduces 3rds of the field (Under 11 and 12 diagram below)



#### 2. Goal Kick

- a. All opposing players will 'retreat' to the markers indicating the retreat line and cannot pursue the ball until:
  - i. The ball is received by a teammate OR,
  - ii. The ball travels over the retreat line OR,
  - iii. The ball leaves the field of play
- b. Encroachment of retreat line:
  - i. If the defending team encroaches across the retreat line before an opposition player touches the ball then the referee blows the play stopped and issues a re-take of the goal kick.
  - ii. If the opposing team repeatedly infringes the retreat line, an indirect free kick shall be awarded from the place where the offence occurred for not respecting the restart.

**Promoting constructive build-up from Goal kick:**

Field Occupation	Ball Movement	Player Mobility
<ul style="list-style-type: none"> <li>• Players support ball carrier positioned in 3 lines (triangles)</li> </ul>	<ul style="list-style-type: none"> <li>• Simple combination plays (accuracy)</li> <li>• Vary rhythm of ball movement</li> <li>• Identify when its best to play to feet/ play into space</li> </ul>	<ul style="list-style-type: none"> <li>• Support players adjust their position to make themselves available to the ball carrier</li> <li>• Identification of space to move into to support ball carrier</li> <li>• Encourage support players to interchange positions</li> </ul>

To learn more about supporting player decision making and LTPD stage capacities, please see the appendix

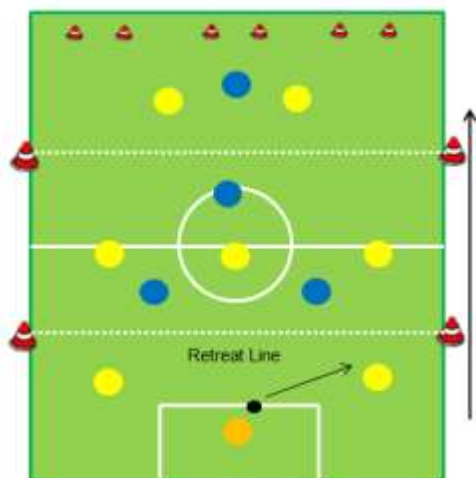
**Making the Right Decision:**

Teams are always able to play quickly; the ball would be in play as soon as it leaves the penalty area regardless of the opposing team’s position.

At times the correct decision is a quick or a long pass, players need to recognize the positions of the opposing team and act accordingly. If there is the opportunity to play quickly to create a counter attack or find a player in the middle third of the field - it should be encouraged!

**Training Activities:**

To help players learn and understand how to play out of the back, it is important coaches incorporate opportunities to practice goal kicks using field markings and introduce directional games into their practice.



The aim of this activity is for the yellow team to advance the ball beyond the middle third and into their target players for them to dribble the ball into one of the gates.

This allows players the opportunity to deal with game like opportunities and improve their decision making abilities

**Case Studies:**

- [Prince George Youth Soccer Association](#)
- [EA Sports BC Soccer Premier League](#)

## Appendix - Supporting player decision making when playing out of the back

Receiving the ball:

Without Pressure	With Pressure
<ul style="list-style-type: none"> <li>•Open body position seeing the ball and the rest of the field</li> <li>•Positive first touch into space</li> </ul>	<ul style="list-style-type: none"> <li>•Open body position to take the ball away from pressure</li> <li>•Turning and shielding the ball</li> </ul>

Running/Dribbling with the ball:

Without Pressure	With Pressure
<ul style="list-style-type: none"> <li>•Identifying where the space is</li> <li>•Exploiting the space with close control</li> </ul>	<ul style="list-style-type: none"> <li>•Avoid opponents</li> <li>•Fakes/ Feints/ Change Direction</li> <li>•Acceleration</li> <li>•Shielding the ball</li> </ul>

Passing the ball:

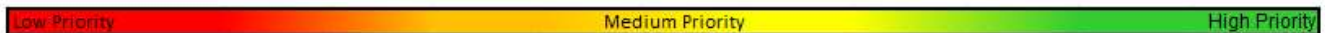
To a Teammate	To Space
<ul style="list-style-type: none"> <li>•Diagonal (Combination Play)</li> <li>•Vertical (Penetrating Pass)</li> <li>•Backwards</li> </ul>	<ul style="list-style-type: none"> <li>•Through Ball</li> <li>•Cross</li> <li>•Diagonal Switch</li> </ul>

**Appendix - Small Sided Player Capacities:**

Social/ Emotional	Active Start		Fundamentals			Learning To Train			
	Under 4	Under 5	Under 6	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12
Communication	High Priority								
Listening	High Priority								
Patience	High Priority								
Sharing	High Priority								
Self-Control	High Priority								
Problem Solving	High Priority								
Decision Making	High Priority								
Empathy	High Priority								
Respect	High Priority								
Fair Play	High Priority								
Cooperation	High Priority								
Competitiveness	Low Priority								
Other Sports	High Priority								

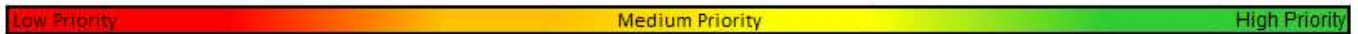


Physical	Active Start		Fundamentals			Learning To Train			
	Under 4	Under 5	Under 6	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12
Forward Running	High Priority								
Backward Running	High Priority								
Turning	High Priority								
Twisting	High Priority								
Rolling	High Priority								
Falling/ Diving	High Priority								
Crawling	High Priority								
Falling/ Diving	High Priority								
Hopping	High Priority								
Jumping	High Priority								
Skipping	High Priority								
Bounding	High Priority								
Acceleration	High Priority								
Speed	Low Priority								
Reaction	High Priority								
Strength	Low Priority								
Stamina	Low Priority								
Suppleness	High Priority								



**Appendix - Small Sided Player Capacities:**

Tactical	Active Start		Fundamentals			Learning To Train			
	Under 4	Under 5	Under 6	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12
Scoring	<i>Illustrated by: Andrew Haines - BC Soccer</i>								
Ball Movement to Goal									
Playing System									
Attacking Support									
Wide Attack (Imbalance)									
Set Plays									
Challenging the Ball									
Positioning									
Recovery Runs									
Covering Space									
Goalkeeping									
Playing out from the Back									



Technical	Active Start		Fundamentals			Learning To Train			
	Under 4	Under 5	Under 6	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12
Running with the Ball									
Ball Control									
Dribbling									
Shielding									
Shooting									
Finishing									
Passing									
Crossing									
Receiving									
Heading									
1v1 Attacking									
1v1 Defending									

