

National Coach Mentoring Program 2012 - Sprints: Invitation to Apply

Athletics Canada and The Canadian Athletics Coaching Centre (CACC) are now accepting applications for the 2012 National Coach Mentoring Program. This program aims to assist six coaches progress their learning and effectiveness in the sprints, particularly the 100 meter and 200 meter events, and the 100/110 meter Hurdle events. Coaches from across Canada will be selected through an application process to participate in this four-month program; 2 coaches will be selected from Eastern Canada, 2 from Western Canada, and 2 selected at large. The program will begin December 14, 2012 and run through April 2013. Coaches should be expected to commit 3-4 hours a week of study and participation to this program.

Selected candidates will join world-class sprint coach Vince Anderson, Texas A&M University, for a kick-off weekend workshop in Edmonton December 14-16, 2012. Participants will then interact via online platforms with a number of selected resource pieces from experts such as Dan Pfaff, Tom Tellez, Gary Winckler, and others. Following these elements, coaches will engage with Athletics Canada National Team coaches around planning and technical analysis. Additionally, coaches will participate in moderated discussions on ways to solve current coaching challenges they face. A practical component with a capping project will take place at a destination TBD within the United States the first weekend of April, 2013 as the conclusion to the program. The program is marked by a commitment to critical thinking, evaluation and review.

Costs for the program will be largely subsidized by Athletics Canada and the CACC including flights, accommodation and meals. However, each coach will be required to pay a registration fee of \$1000 towards the running of this program. If accepted into the program full participation is expected. Applicants are encouraged to contact their Provincial Branch Associations for funding opportunities in regards to this program.

Program Activities:

- Kick-off weekend workshop with Vince Anderson – Edmonton, December 14-16, 2012;
- Facilitated online discussion centered on planning for the sprints;
- Facilitated online discussion centered on event technical analysis and correction for the sprints;
- Unique online discussion centered on the specific needs of selected coaches;
- Interaction and program guidance with Athletics Canada National Team coaches;
- Practical weekend and competition within the United States, April 4-7, 2013.

Prerequisites:

1. A record coaching the sprint events, particularly the 100 meter & 200 meter and the 100/110m Hurdle events;
2. Level 3 certification in old NCCP or completion of AC Competition Development workshop;
3. Payment of a\$1000 program fee if selected and commitment to participate;
4. Branch endorsement (AC and CACC will contact your branch) .

Application:

Please complete the application below and send to sean.baynton@ualberta.ca by 5pm MST on Monday October 8th, 2012. Applications will be reviewed by a panel from Athletics Canada and the CACC. Successful applicants will be notified by the end of October.

National Coach Mentoring Program: Application

General Information:

Full name (as it appears on your passport):

Address:

City:

Province:

Postal code:

Phone Number:

Email:

Date of Birth:

Coaching Certification & NCCP#:

Current club and record coaching sprinters:

Specific Information:

Q1: Please describe in 250 words a recent professional development activity you participated in as a coach and the effect it had on your coaching.

Q2: Please describe in 250 words your goals as a coach and your vision for the development of the sprints in Canada.

Q3: Please provide the contact information for 1 reference.