

August 2018

STIX 'n PUX

BMHA Newsletter

PRESIDENT'S MESSAGE

Hi BMHA Members,

President Lucas Matsuda is across the Pacific and watching his son, Andrais, playing hockey – Japanese-style! Andrais was selected to be part of the Japan-Canada International Hockey program, a team (called the Asahi Blades) of Midget-aged hockey players from across the Lower Mainland, all with some level of Japanese ancestry. Every two years, the Asahi Blades heads to Japan to experience the sights, sounds, culture and hockey of Japan and take part in an exhibition series against local Japanese teams.

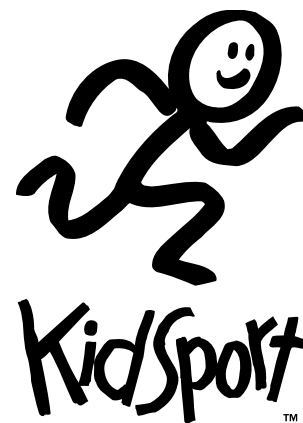
Lucas will be back next month with his President's Message!



KIDSPORT EQUIPMENT DONATION - Pass Along Your Used Gear Aug. 11&12!

We're happy to have partnered with Kidsport again this year and support their Used Sporting Goods Sale! Many members often ask if Burnaby Minor Hockey Association has a donation equipment program, unfortunately we just don't have the space to store the gear (as those of you who have ever picked up jerseys can see firsthand). In addition, Canlan 8-Rinks a longtime supporter of BMHA will also help out, and provide us space to gather the equipment.

If you have used hockey equipment taking up space in your garage or basement, this is a great opportunity to free up some space, donate the equipment (including other types of sporting equipment – yes, we'll even take bikes!) and make a great contribution to the community. Last year we filled the back of a whole moving truck with hockey equipment, tennis racquets, soccer gear, baseball bats/gloves/helmets, ski equipment and several bikes!



BMHA families are encouraged to donate and drop off their sporting goods:

- **August 11th (Saturday) & 12th (Sunday), 2018 from 10am to 2pm**
- Canlan 8-Rinks – front parking lot – look for the 12-tonne truck!!!
- All types of sporting equipment will be accepted (except for skis older than 10 years)
- If you can't make those dates, you can also drop off equipment from August 29 – Sept. 7 at Port Coquitlam Rec Centre, Port Moody Rec Centre or Poirier Sport and Leisure Complex

Kidsport will then offer the equipment at the Used Sporting Goods Sale held on: (see Sponsor Offers for more details)

- Saturday, September 8th - 10am to 1pm
- Poirier Forum -618 Poirier Street, Coquitlam – across the street from the Arena & Pool
- Admission is by donation or item(s) for the SHARE Food Bank

The event is open to everyone, including Burnaby families! The sale offers a huge variety of High Quality used sporting goods at incredible prices. Everything from bikes and hockey gear to fitness equipment and wetsuits and everything in between. You can outfit a child for hockey (including skates and a helmet) for \$100, lacrosse (including a stick and helmet) for \$90. Plus, there's no tax. All proceeds go to subsidize registration fees for kids from lower income families. More than 1,500 people attended last year!

Also, we are **looking for volunteers to help out by manning the equipment donations** on August 11 & 12th at 8-Rinks, including any Bantam & Midget players looking for volunteer hours. If you are interested in helping out, please contact Rebecca at communications@burnabyminor.com.

Come out and help fill the truck!

“C”/ HOUSE EVALUATIONS - Ice Times Start Tuesday, Sept. 4

“C”/ House ice times will start up Tuesday, September 4th! Groups and ice times will be posted on the [House Evaluations page on website](#) sometime during the last two weeks of August, please check back regularly to confirm the date and time of your first session. Note that early morning ice times for the Atom & Peewee Divisions will start Saturday, September 8th. Please note that these initial ice times are for evaluation purposes only, and assignment to groups for balancing purposes will occur in mid-September.



REP TRYOUTS - Register by Aug. 1, Tryout Process, Volunteers & Schedule

REGISTRATION DEADLINE

Just a reminder to all those who are interested in trying out for a Rep team that the deadline to register is **11:59pm, Wednesday, August 1, 2018!** Please contact Liz at registrar@burnabymminor.com to register if you haven't already done so.

VOLUNTEERS FOR TRYOUTS

Volunteers are needed to help with this year's Rep Tryouts. We need people to assist with a variety of duties including running the clock, bench and dressing room supervision. If you are able to help, please complete the [Rep Tryout Volunteer Form](#).

REP TRYOUT PROCESS

To help answer questions regarding tryouts for this season, including registration, general procedures, attendance, evaluation criteria and the evaluation process, please read the [Rep Tryout Process](#). There are some changes from last year, so please take the time to review this year's information.

TENTATIVE SCHEDULE

The first round of Rep Tryouts Below is scheduled to start Saturday, August 25, 2018. A tentative schedule will be made available after August 1 when registration for tryouts closes. There are no tryout ice times scheduled for the Labour Day long weekend. Please check the [Rep Tryout page of the website](#) for updates!

COACH TALK - Message from Head Coach Peter Chau!

I hope you are all enjoying the summer thus far. I realize it's tough thinking about hockey and the upcoming season right now. However, hockey is top-of-mind for your Executive Committee team as lots of planning are under way in preparation for the season ahead.

Rust Removal and High Performance Development

- Our rust removal camps (players & goalies) will begin August 20th – August 31st. Sessions and registration info are listed in the "Reminders" section of this month's newsletter. Mark Coletta and/or his team of highly qualified coaches will be running Rust Removal camps. I encourage you to register for camps as these are high-tempo and a great way to kick-start the cardio for the upcoming season.
 - Sheldon Baerg will be running all goalie camps.
- High Performance Development will run from August 20th – 24th. This year we have added the Atom and Peewee groups; previously this was only available to Bantams.
 - Jason Scoffins will be running the Peewee High Performance Development camps.
 - Ben Van Lare will be running the Atom and Bantam High Performance Development camps.
- UPDATE – Due to the overwhelming demand for Peewee High Performance Development Camp, we are looking to add another session. Please check BMHA website for updates.

So You Want to Be a Coach?

As mentioned in numerous previous communications to the membership, our association relies heavily on volunteers. We are looking for engaged parents to take the bold step of being a coach in the C Divisions. This is especially critical at the Junior Bulldogs/Wildcats to Novice Major levels. We have a development plan for our players and currently working on enhancing the one for our coaches. We want to provide you with the resources and support for you to be successful.

What is an engaged coach?

- Embrace BMHA's philosophy of Sportsmanship First – you are the adult leader/mentor the kids look up to for guidance on and off the ice.
- Support and contribute to the continuous improvement of BMHA's Hockey Development Plan.
- Be open to feedback and opportunities for improvement – Coach Evaluation process will play a key role – we will be looking at improving this process.
- Be accountable for your actions.
- Be a positive role model and an exemplary citizen.

If this sounds like you, then I would strongly urge you to apply for a coaching position for the Bulldogs or Wildcats. The Executives along with the kids would appreciate it!

- Cheers, Peter

WILDCATS WAY- Announcements about the Upcoming Season!

- The 2018 Wildcats Remembrance Day Tournament will run the weekend of Nov 10th at Burnaby 8-Rinks. The tournament has grown over the years to be one of the largest recreational female tournaments in BC with teams attending from around the province, Alberta and Washington state. We are currently seeking sponsors and donors - if your business or company is interested in contributing to female youth sport in Burnaby there are numerous ways to help... sponsorships, donations of gift baskets and silent auction items, volunteer opportunities, etc. Please contact femalehockey@burnabyminor.com to inquire.
- Introducing the Female Bantam A Zone Development Program. The first time ever that such a program is being offered to female hockey players in the region. The program is not a replacement for regular team play, but is instead a PCAHA sanctioned development opportunity for Bantam aged players looking for additional high level training and competition. For more information, please contact femalehockey@burnabyminor.com.
- With one more in-person registration session left on July 31, Wildcats registration is looking better than ever, but there are still spots available. If you know any female athletes that would like to be a part of the fastest growing sport around (female hockey), please contact femalehockey@burnabyminor.com.



REMINDERS

PRESEASON CAMPS

BMHA's Preseason Camps are a great way to get your "skating legs" back! Space is still available in most divisions. The cost will be \$125 for the week (no drop-ins or pro-rating of costs will be allowed). For more information or to register, please [click here!](#)

Rust Removal Camps	Dates *	Rink	Cost
Initiation Major & Novice Minor (Born 2011 & 2012)	August 27 to August 31 2:30pm – 3:30pm	Kensington	\$125
Novice Major (Born 2010)	August 20 to 24 2:45pm – 3:45pm	BLA	\$125
Atom (Born 2008 & 2009)	August 26 - 7:00pm – 8:00pm August 27 to 30 - 3:30pm – 4:30pm	BLA	\$125
Peewee (Born 2006 & 2007)	August 26 - 8:15pm – 9:15pm August 27 to 30 - 4:45pm – 5:45pm	BLA	\$125
Bantam (Born 2004 & 2005)	August 20 to 24 4:45pm – 5:45pm	Canlan 8-Rinks (Rink 5)	\$125
Midget (Born 2001, 2002 & 2003)	August 20 to 24 9:00pm – 10:00pm	BLA	\$125
Goalies – Novice Minor & Novice Major (Born 2010 & 2011)	August 27 to 31 3:45pm – 4:45pm	Kensington	
Goalies – Atom & Older (Born 2001 to 2009)	August 20 to 24 4:00pm – 5:00pm	BLA	\$125
* Sessions are subject to time change or cancellation depending on numbers of players registered			

High Performance Development *	Dates **	Rink	Cost
Atom High Performance (Born 2008 & 2009)	August 20 to 24 5:15pm – 6:15pm	BLA	\$125
Peewee High Performance (Born 2006 & 2007)	August 20 to 24 6:30pm – 7:30pm	BLA	\$125
Bantam High Performance (Born 2004 & 2005)	August 20 to 24 7:45pm – 8:45pm	BLA	\$125
* High Performance Development is only for players that have registered for Rep Tryouts ** Sessions are subject to time change or cancellation depending on numbers of players registered			

GENERAL REGISTRATION

If you missed online registration, please come to our last in-person registration session:

- Tuesday, July 31st from 6:30pm to 8:30pm
- Kensington Arena - Community Room

If you have any questions, please contact Liz at registrar@burnabyminor.com.

COACHES & VOLUNTEERS NEEDED

We are always looking for volunteers to pitch in with the season! If you are willing to volunteer, please visit the [Team Officials & Volunteer page](#) on the website for more information. A reminder for all coaches – even if you coached last year, please still complete the [Coach Application form](#) on the website.

DATES TO REMEMBER - MARK YOUR CALENDAR!

- July 31, 6:30pm to 8:30pm – In-Person Registration, Kensington Arena, Community Room
 - August 11 & 12 10am to 2pm – Kidsport Equipment Donation, at Canlan 8-Rinks Front Parking Lot
 - August 20 – 31 - Various Pre-Season Camps
 - August 25 – Rep tryouts tentatively set to start
 - September 4 – “C/ House” ice times tentatively set to start
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