

BALL HOCKEY UPDATE

Official Newsletter of Ball Hockey Edmonton

Men's Issue #2

May - 2013

PROVINCIAL SPOTS FOR B.H.E. TEAMS

The Executive of Ball Hockey Edmonton has made an official request to our Provincial Association for spots to the 2013 Championships. Our request was as follows:

- > Men's Tier 1 ... we have requested 3 spots
- > Men's Tier 2 ... we have requested 4 spots
- > Men's Tier 3 ... we have requested 4 spots
- > Men's Tier 4 ... we have requested 4 spots
- > Men's Recreation ... we have requested 3 spots

If our requests are met, that means that Ball Hockey Edmonton would have 18 Men's teams at the Wild Rose Provincials. Once we get confirmation, we will be releasing information on how we will pick who gets these spots. The process will be much easier this year ... the Provincials will be held in Edmonton, so it will be a bit easier in getting commitments from teams. Plus, picking up players will also be an easier process for our Provincial bound teams.



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RE-TIERING NOW DONE, SECOND HALF STARTS

Ball Hockey Edmonton has finished off the mid-season re-tiering process in the Men's League. Based on the playing records of the teams, BHE Executive moved teams up and down. In all, 20 teams were moved up and 23 teams were moved down. Here is a quick summary of movement that took place at the midway point of the 2013 regular season:

DIVISIONS 1 & 2

No movement

DIVISION 3

The Edge & Rockets both moved up from Div.4

DIVISION 4

The Reapers moved down from Div.3; The Rink Rats & Soldiers both moved up from Div.5

DIVISION 5

The Human Centipedes moved down from Div.4; the Razorbacks & Monsters moved up from Div.6

DIVISION 6

Young Guns moved down from Div.5; Cobra Kai, Tigers, and Haggard all moved up from Div.7

DIVISION 7

Trojans moved down from Div.5, Vikings moved down from Div.6; Entourage, Angry Whoppers, and Dangers all moved up from Div.8

DIVISION 8

Blazin' Cannons, Jesters, and Raging Bulls all moved down from Div.7; Farm Team, Moose, Super Troopers, Cougars moved up from Div.9

DIVISION 9

Flint Tropics moved down from Div.7, Jay & Canadians, Snipes, Chaos, and GD Bulldogs moved down from Div.8; Invasion moved up from Div.10, Dumpster Divers moved up from Div.11

DIVISION 10

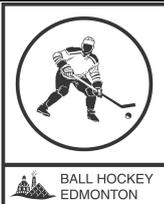
Berserkers & Penetrators moved down from Div.9; Marvel Evolution was the only team to move up from Div.11

DIVISION 11

Evil Monkeys & Tuques-Helmets moved down from Div.9, Box Crushers, Thunder Buddies, and Crown Royalers moved down from Div.10; Piranhas moved up from Div.12

DIVISION 12

The Bush Pirates & Warbirds moved down from Div.11



BALL HOCKEY EDMONTON

MEN'S LEAGUE INFORMATION

ROSTER CHANGE DEADLINE

The deadline for player additions is July 1st. This rule is put in place by Wild Rose Ball Hockey Association, our Provincial Association. At no time can your roster exceed 25 players, so when you reach that level, you have to release players before you can add more to your roster.

OFFICE HOURS

The offices of Ball Hockey Edmonton are located in the West Soccer Centre. We are open 5 days a week for the spring-summer hours, and our hours are as follows:

- Sunday-Thursday ... 5:30pm-9:30pm
- Friday & Saturday ... office is closed

The phone number at the office is (780) 944-4090, and to contact us by e-mail, please send it to bheoffice@shaw.ca

CORRECTIONS TO STATS

We ask all team reps to look over the gamesheet after your game, and if there are any mistakes, please e-mail us the changes and we will gladly make them for you. Just send your changes to the BHE office.

NO BOOZE AT SOCCER CENTRES OR PARKING LOTS

There have been a couple of cases where teams have been caught with alcohol in the dressing rooms. This is not allowed, and a team will be fined \$250 if you are found with booze in the building. This is a serious offence ... because they have lounges in all buildings, they could lose their liquor license if other booze is found in the building. Also, booze consumption is not allowed in the parking lot area. Teams may be fined and the police may be called as well. Let's use the lounge to have a cool one after your ball hockey game.

JERSEY'S FOR SALE

We have some sets of jerseys (numbered, no crests) for sale if you are interested. There is a minimum of 18 in a set, and they are \$499 per set. Gabe has more info, call him at 499-6466

CALENDAR OF EVENTS

For 2013 Ball Hockey Season

Re-Tiering & Start of second half season	May 27
Play-On 2013 Street Hockey Tournament	June 1-2
Start of Men's Playoffs	Mid July
Canada Western B-C-D Championships (Men's Tier 2-3-4) @ Red Deer, Alberta	July 25-26-27-28
Wild Rose Men's Provincials (Men's Tier 1-2-3-4-Rec) @ Edmonton, Alberta	August 2-3-4-5
Canadian Ball Hockey Association Nationals (Men & Women ... Tier 1) @ Montreal Quebec	August 12 to 17
Ball Hockey Edmonton Fall-Winter League begins	October or January



TYLER ENNIS ... BALL HOCKEY STAR

Did you know that Tyler Ennis, of the Buffalo Sabres, played in our Minor program for 7 years, then played in our Men's league for another 3 years. Tyler's dad, Bruce Ennis, was also a star player in the Men's league in the late eighties & nineties. Runs in the family!

HALL OF FAME FOR ONE OF OUR OWN!

Steve Posavec was recently inducted into the Canadian Ball Hockey Association "HALL-OF-FAME", during the recent Nationals held right here in Edmonton. He was the first person inducted in the "Builder" category for his years of work behind the scenes.

This man is "Mr. Ball Hockey" ... he was President of our Edmonton League, President of Canada Ball Hockey, involved for years on the Wild Rose & Alberta Provincial Associations, and he was also involved in the creation of ball hockey at the International level.

Besides the above mentioned, he found time to play goal for 23 seasons, he coached a Women's ball hockey for 8 more, and is still coaching Minor Ball Hockey, something he has done now for 11 years.

What can you say about a man who has dedicated a major part of his life to the sport of ball hockey. From a player, to an administrator, to someone who now helps us out in the office. He is a true friend to me, as I have known him for many years. He has been fair to everyone and he has been a big help to me, always there for me when I need him or his advice.

As long as I am President of this league, I hope I can continue to work with him. It has been a pleasure, and I hope you enjoy this award ... you deserve it "Mr. Ball Hockey".

All the best,
GABRIEL NADER
President of Ball Hockey Edmonton

With the addition of Steve Posavec to the C.B.H.A. Hall-of-Fame, Ball Hockey Edmonton now has 3 of its members in the Hall. The other 2 individuals were players:

SHIRLEY CAMERON (Female Player Category)

Shirley played in our Women's League for 6 seasons. She helped her "Old Abbey" team win 2 gold and 2 silver at Women's Nationals, as well as 5 gold medals at Alberta Provincial championships. Shirley was a great team captain, and she had the respect of not only her fellow team-mates, but from her opponents as well.

DOUG McCARTHY (Male Player Category)

Doug played most of his career for the Edmonton Playboys, and he helped them claim a silver & a bronze at Nationals. Doug has also been part of many local teams who won gold at Alberta Provincials. Doug is still playing in our league, and he continues to give his great leadership to teammates. Doug also coaches in our Minor program, where both his daughters play.



Recognize that face? The guy in the middle is our own Prime Minister, Steven Harper. Last fall he was in the Yukon, and he joined the local kids in a game of ball hockey. Was he any good? Rumor has it he had some good moves, but his best asset was his "stick-handling" ... on the rink and in the Parliament in Ottawa!



EDMONTON SOCCER FACILITIES

Our staff wishes all teams a
successful season in 2013!

*To book practice time at any of our 3
facilities, please call our bookings line*

@ 413-6493 - ext #1

DID YOU KNOW?

The Silver Kings Ball Hockey Club has been playing in our league for 21 seasons, making them the longest serving team in Ball Hockey Edmonton. The Silver Kings started back in 1992, founded by team Manager BRAD DESJARLAIS. Ever since then, they have entered a team in our league. Their highlight as a team was the 1996 Canadian Western "B" Championships. They lost a tough final, but still captured the silver medal at the event held in Winnipeg. Congrats to Brad and his Silver Kings ...

WILD ROSE BALL HOCKEY IS OUR PROVINCIAL ASSOCIATION

Once in a while I get asked the question, what is Wild Rose Ball Hockey? Well simply put, Wild Rose (also known as WRBHA), is the Provincial governing body for the sport of ball hockey in Alberta. They take care of all registered leagues in Alberta, including Ball Hockey Edmonton. They are an important part of the administrative side of the game ... we may not notice them on a daily basis, but without their efforts, ball hockey would never be where it is today.

The Wild Rose Ball Hockey Association is the recognized governing body for the sport of ball hockey in the Province of Alberta. Last year there were over 6000 sanctioned men and women playing the great sport. Wild Rose is a registered not-for-profit association with the focus of growing the sport of ball hockey in Alberta for all levels of play. Member Leagues are able to offer their teams and players the opportunity to represent at sanctioned Provincial, Regional, National and International Tournaments. The W.R.B.H.A. is the largest and oldest association in Canada and the only recognized Provincial Sport Association for ball hockey in Alberta by the Canadian Ball Hockey Association. The WRBHA is a member of the CBHA and affiliate member of the International Street and Ball Hockey Federation.

As a member league, teams from our league can benefit from Wild Rose by:

- Administration of Men's & Women's Ball Hockey in Alberta
- Acquisition of Accident & Liability Insurance for everyone registered
- Maintaining & establishing Rules-Regulations for our sport
- Assist in training and certifying Officials
- Purchasing of rulebooks for teams, casebooks for officials
- Opportunity to play in Provincial-Western-National Championships
- Assist on our players participating at World Championships
- Dealing with our National group, Canada Ball Hockey Association
- Provide teams with Province wide info through website, newsletters
- Arbitrate any quarrels between teams and leagues
- Assist in organization of Alberta Men's & Women's National & Regional teams
- Promote the growth of the sport of ball hockey in Alberta

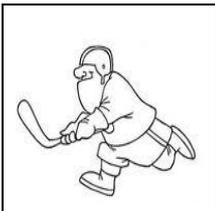


A lot of "behind-the-scenes" work is done by Wild Rose Ball Hockey Association. When you pay your league fees, a portion of the fees goes to Wild Rose. The \$225 fee per team (approx. \$11 per player) covers all administration costs, pays for the insurance, plus also pays for our fees to Canadian Ball Hockey Association. Our league attends 2 General Meetings a year, where all leagues get together and plan for policy, review of rules, work on Provincial Championships, and make plans for the sport of ball hockey. The biggest part of the budget of Wild Rose Ball Hockey Association goes towards hosting Provincial Championships. This year, there will be 5 levels of Men's Provincials and another 3 levels of Women's Provincials. The Provincials could see over 70 teams attend in the various levels of play ... quite the job for a small group of volunteers who run this Provincial Association!

MEMBER LEAGUES OF WILD ROSE BALL HOCKEY ASSOCIATION...

- > Ball Hockey Edmonton
- > Calgary SuperLeagues
- > Grande Prairie Ball Hockey
- > Lethbridge SuperLeagues
- > Medicine Hat Ball Hockey
- > Highway 13 League
- > Metro Edmonton League
- > Ft. McMurray Ball Hockey





STATS & SHORTS

by Steve Posavec

CORONATION ARENA COMING DOWN

It was a sad day for me when I read the Edmonton Journal recently. The city has approved the demolition of CORONATION Arena, located in the west end of the city. As many of you veteran ball hockey players may remember, Coronation Arena was our leagues main rink from 1985 to 1992, before we moved into the West Soccer Centre. We have had many big ball hockey games in Coronation ... 2 National championships, 3 Western Canadian Regionals, 4 Wild Rose Provincial Men's & Women's championships, plus many great league finals.

The cool thing about Coronation is we televised many games when we had our agreement with the local cable station (it was Videotron back then). One day when we can afford it, we will transfer some of those many classic games from broadcast video tapes and put them up digitally on-line.

For me personally, I played some of my best games in that old barn, including the Tier 2 City final in 1989. That final game was a double OT classic, plus we went 10 shootout rounds before the Bulldogs beat us in what was one of the best finals our league ever saw. I had many great memories playing in Coronation, so I will miss that old barn. Replacing the rink will be the new Coronation project, which will include a new rink, a small rec-centre, plus a cycling velodrome.

3 LOCALS OFF TO WORLDS

Congrats to 3 of our Ball Hockey Edmonton players, who will be participating at the 2013 World Ball Hockey Championships that will be held in St. John's, Newfoundland. Two players will be suiting up for Team Canada ... forward SCOTT HOLBEN and veteran goaltender TIM BARLOW earned the right to represent Team Canada with strong performances at the 2012 Nationals. Holben led all scorers at Nationals, and goaltender Barlow was an outstanding pick-up for Team Newfoundland, as he helped them win a silver medal at the Nationals. Also participating will be Tyrel Spitzer, who will suit up for team Germany. Spitzer has a German background and was asked to play. Good luck to all our players at the Worlds!

ONE GREAT REFEREE

I recently ran into KEVIN ACHESON, who in my humble opinion was the best referee ever from BHE. Kevin went to 3 Nationals and did 2 gold medal finals, as well as a Western B Championship final, Kevin worked in the WHL for many years, and his highlight in hockey was representing Canada at 2 World Hockey Ice-Hockey Championships. He also was fortunate to do a World gold medal final. Kevin still does some work for the Western Hockey League.

THE MAINSTREAMING OF SPORTS DRINKS

by Dr. Shelby Karpman

Sports drinks have been synonymous with recreational activity for many years. As recently as 10 years ago, the sport drink market was a specific niche dominated by Gatorade. Gatorade was initially marketed as a drink for use by athletes. The idea was to replenish losses of fluids and electrolytes (like salt) that were lost during activity. A raging debate in the sport medicine community argued whether Gatorade was any better than water at replacing these losses.

Then a funny thing happened. Big companies like Coke and Pepsi realized the potential of these sport drinks. AllSport (a Pepsi product) and Powerade (Coke product) appeared on the market. The marketing of sport drinks changed with the appearance of these products. The focus changed from sport drinks to replace losses to everyday drinks. Availability increased as these products were sold in every corner store. Tie-ins with sporting events, teams and leagues increased. For example, the next time take note of the Powerade towels on the team benches.

The growth of marketing competition resulted in an increased diversification of product lines. The amount of flavors in these drinks has grown significantly. Gatorade makes a juice bar product and even a GatorBar. Gatorade Bar is meant to compete with PowerBar, which is a whole other sport nutrition related product. These products are still marketing for sporting activity (e.g. Vince Carter vs. the Raptors for Gatorade) however, they have progressed to mainstream drinks competing with soft drinks.

With the proliferation of sport nutrition products, store shelves will continue to be squeezed as these products try to become everyday foods.

ALL 105 TEAMS MAKE PLAYOFFS

All Men's teams will make the playoffs in 2013. We started the A-B Playoff system last year, and it was a hit, so we are doing it again. In most divisions, the top 6 teams will all play on the "A" side of playoffs. The rest of the teams go to the "B" side of the playoffs. On the "A" side, all series are best-of-3's, while on the "B" side, all games are single-game eliminations. In the next issue of this newsletter, we will print up all playoff formats for all 12 Divisions of play. The playoffs get underway on July 14th.

BALL HOCKEY EDMONTON

2013 Men's Divisions after Re-Tiering

<p><u>DIVISION 1</u></p> <ul style="list-style-type: none"> > Peco Penguins > Whalers > Hi-Velocity > Savages > Top Shelf > Black Hawks <p><u>DIVISION 2</u></p> <ul style="list-style-type: none"> > Raging Bulls > Dirty Birds > Stallions > Mustangs > Flyers > Red Wings <p><u>DIVISION 3</u></p> <ul style="list-style-type: none"> > Predators > Killer Bees > X-Treme > Cobras > Phantoms > Gators > Nordiques > The Edge (up 4) > Rockets (up 4) <p><u>DIVISION 4</u></p> <ul style="list-style-type: none"> > Reapers (down 3) > The Bolts > McGuires Monstars > Camels > Battalion > Team Pending > Rink Rats (up 5) > Soldiers (up 5) <p><u>DIVISION 5</u></p> <ul style="list-style-type: none"> > Centipedes (down 4) > Sharks > Afterburners > Y.D.P. > Fuzzy Tacos > Razorbacks (up 6) > Monstars (up 6) > Utah Jazz (up 6) 	<p><u>DIVISION 6</u></p> <ul style="list-style-type: none"> > Young Guns (down 5) > Rampage > Silver Kings > South Side Kings > Southside Hitmen > Cobra Kai (up 7) > Tigers (up 7) > Haggard (up 7) <p><u>DIVISION 7</u></p> <ul style="list-style-type: none"> > Trojans (down 5) > Vikings (down 6) > Colonels > Goalbusters > Metal Militia > Entourage (up 8) > Angry Whoppers (up 8) > Dirty Danglers (up 8) <p><u>DIVISION 8</u></p> <ul style="list-style-type: none"> > Blazing Cannons (down 7) > The Jesters (down 7) > Edm. Raging Bulls (down 7) > Mustard Tigers > Team Goodtimes > Winterhawks > The Farm Team (up 9) > Moose (up 9) > Super Troopers (up 9) > Cougars (up 9) <p><u>DIVISION 9</u></p> <ul style="list-style-type: none"> > Flint Tropics (down 7) > Jay & Canadians (down 8) > Snipes (down 8) > Team Chaos (down 8) > G.D. Bulldogs (down 8) > Kings > Creepers > Mad Cows > Kokanee Rangers > Invasion (up 10) > Dumpster Divers (up 11) 	<p><u>DIVISION 10</u></p> <ul style="list-style-type: none"> > Berserkers down 9) > Penetrators (down 9) > Tin Bashers > C.C.C.P. > Sweaty Yetis > Eagles > Spartans > Colt 45's > Killah Whales > Marvel Evolution (up 11) <p><u>DIVISION 11</u></p> <ul style="list-style-type: none"> > Evil Monkeys (down 9) > Toques & Helmets (down 9) > Box Crushers (down 10) > Crown Royalers (down 10) > Thunder Buddies (down 10) > Victorious Secret > Pylons > Beautiful Butterflies > Edmonton Wake > Thundercats > Allied Crushers > Piranhas (up 12) <p><u>DIVISION 12</u></p> <ul style="list-style-type: none"> > Bush Pirates (down 11) > Warbirds (down 11) > Pineapple Express > Edm. Warriors > Wolves > Blitz > The Shockers > Bad Boyz > Renegades
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