

# BALL HOCKEY UPDATE

Official Newsletter of Ball Hockey Edmonton

Men's Issue #3

June - 2013

## ALBERTA PROVINCIALS IN EDMONTON

The 2013 version of the Wild Rose of Alberta Ball Hockey Championships will be held in our city in a few short weeks. The weekend of August 2-3-4-5 will see the best teams from around Alberta, on both the Men's and Women's levels. We are expecting close to 60 teams, which would make these the biggest Provincials ever held in Alberta.

Ball Hockey Edmonton is helping host the 2013 Provincials, which will be held at the West and the East Soccer Centres. In addition to helping host, B.H.E. will be well represented as we will have 19 Men's teams participating. Those teams include the following:

- > Men's Tier 1 ... we send 3 teams
- > Men's Tier 2 ... we send 4 teams
- > Men's Tier 3 ... we send 4 teams
- > Men's Tier 4 ... we send 4 teams
- > Men's Rec ... we send 4 teams

We will have more details on the 2013 Wild Rose Provincials in our next issue of this newsletter!



## INSIDE THIS ISSUE

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## GAME ON ... IT'S PLAYOFF TIME!

As the long regular season comes to an end, the excitement mounts in Ball Hockey Edmonton as the Men's playoffs are just around the corner. Starting on Sunday, July 14th, our 2013 playoffs start at the West Soccer Centre.

All Men's teams will make the playoffs this year ... we started the A-B Playoff system last year, and it was a hit, so we are doing it again. In most divisions, the top 6 teams will all play on the "A" side of playoffs. The rest of the teams go to the "B" side of the playoffs. On the "A" side, all series are best-of-3's, while on the "B" side, all games are single-game eliminations.

The best way to follow the results and next game matchups is using our website. On the front page of the website, look for the "Master Playoff Grid", and click on to this. We will be updating scores at the end of each night and posting the schedule for the next day on our website, located at [www.ballhockeyedmonton.com](http://www.ballhockeyedmonton.com)

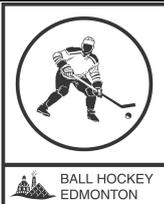
A reminder that during the playoffs, Donna will be at the office on every night we have games, from 8:00-11:00pm so if you have any issues or protests, you are urged to contact the office. Please call the office at 944-4090 or e-mail us at [BHEoffice@shaw.ca](mailto:BHEoffice@shaw.ca)

For a complete list of Men's playoff rules, please check page 2 of this newsletter, or go to the main page of our website for details. Good luck to all of our Men's teams, and please remember to play fair and have fun in the 2013 Men's League playoffs!

## MESSAGE FROM THE PRESIDENT...

*Congratulations on finishing off a successful season. As we get ready for the playoffs, I would like to take this opportunity to wish all teams the best of luck in the 2013 post-season. I ask you play fair and play safe. I wish you all the best and as a league, BHE hopes we have a lot of close decisions and great games!*

*Gabriel Nader – B.H.E. President*



# BALL HOCKEY EDMONTON

## MEN'S LEAGUE INFORMATION

### BALL HOCKEY EDMONTON

#### MEN'S PLAYOFFS 2013

The following are some points and rules you should be aware of for the Ball Hockey Edmonton's Men's League playoffs, 2013 version:

-Games cannot be re-scheduled in the playoffs. If your team cannot make a scheduled playoff game, you will have to default your game.

-All "A" playoffs will be best-of-3 series ... All "B" playoffs will be single-game elimination series

-Any player who owes fine money from regular season will NOT be allowed to play until the fine is paid. A list will be posted and sent out to all team reps whose teams are affected.

-There will be NO tie games in the playoffs, whether you are in a single-game elimination or in a best-of-3 series. If a game is tied after regulation time, we will play sudden-death overtime.

-In the playoffs, overtime is sudden-death ... first goal scored is the winner. We put 20 minutes on the clock, and play stop time. If no goal is scored in the first OT period, we put another 5 minutes up and continue until we have a winner decided.

-We ask teams to be patient with start times. Your game might be delayed if there is overtime in the game before you. You will still be given a 5-minute warm-up on the floor prior to your game, even if we are delayed.

-Results will be posted on the league website every night, so you can follow the progress of other teams and check out your next opponent .

-Emergency goalie pick-ups are NOT allowed in the playoffs. Only the players listed on your roster (on the gamesheet labels) are eligible to play in the playoffs.

-Any team caught with an illegal player may be automatically suspended from the playoffs.

-If teams have the same uniform colors, the visiting team (lower ranked team) must either change jerseys or borrow a set of the league pinnies from the front desk supervisor. You need to leave a drivers license to borrow pinnies.

-If you are going to protest a game, it must be done within 30 minutes of the conclusion of your game. It must be in writing, and submitted to the rink supervisor or the League office. The league office will be open from 8:00-11:00pm on every night that we have playoff games.

-Please note that gametimes or rink locations may change on the nights we have "game 3" scenarios. You will be contacted by the BHE Office if such a situation is required.

-If you have any questions at all about playoffs, please call the office 944-4090 or e-mail us at [BHEoffice@shaw.ca](mailto:BHEoffice@shaw.ca). Good luck to all of our Men's teams, and please remember to play fair and have fun in the 2013 Men's League playoffs!

#### ROSTER CHANGE DEADLINE

The deadline for player additions has passed ... it was July 1st. There are NO more additions or deletions allowed, your roster is frozen.

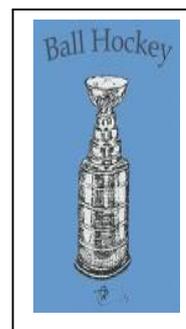
#### PLAYOFF OFFICE HOURS

During the Men's playoffs, the office of Ball Hockey Edmonton will be open every night that we have playoffs. The office hours will be 8:00pm to 11:00pm ... Our number at the office is (780) 944-4090, and to contact us by e-mail, please send it to us at [bheoffice@shaw.ca](mailto:bheoffice@shaw.ca)

### CALENDAR OF EVENTS

For 2013 Ball Hockey Season

Start of Men's Playoffs	July 14
Canada Western B-C-D Championships (Men's Tier 2-3-4) @ Red Deer, Alberta	July 25-28
Wild Rose Men's Provincials (Men's Tier 1-2-3-4-Rec) @ Edmonton, Alberta	August 2-5
Canadian Ball Hockey Association Nationals (Men & Women ... Tier 1) @ Montreal Quebec	August 12-17
Ball Hockey Edmonton Fall-Winter League begins	October or January



## 4 EDMONTON TEAMS TO WESTERNS

Ball Hockey Edmonton will be well represented at the upcoming Western Canadian Ball Hockey Championships, which will be held in Red Deer in late July.

On the Men's "B" or Tier 2 side, the Edmonton Top Guns and the Edmonton Dirty Birds will look for gold. On the Men's "C" or Tier 3 level, the Edmonton Edge and the Edmonton Cobras will be trying to claim the Western title. The Top Guns earned their spot based on their gold medal win at the 2012 Alberta Provincials. The Dirty Birds, who played at the 2012 Westerns, secured their spot by winning a silver at the 2013 Provincials.

The Edge won the gold at the 2012 Tier 3 Provincials and were guaranteed a spot at the Westerns, and the Cobras silver medal win at the Provincials assured them of a spot at the Westerns. All 4 teams should do well, as they have had good seasons so far. With the right pick-ups, it would not be out of the question to see all 4 teams return with a Western medal.

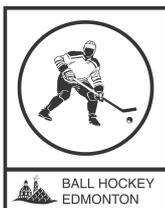
New at the 2013 Westerns will be the addition of a "D" or Tier 4 level division. With the addition of a new level, these will be the biggest Western Championships ever held/ Good luck to all 4 of our B.H.E. teams!



## LEAGUE TIE-BREAKING PROCEDURES

In case there is a tie in League standings at the end of the regular season, the standings shall be determined by the following tie-breakers, taken right out of our Ball Hockey Edmonton's "League Rules & Regulations":

- a) *Most wins in total*
- b) *Record between tied teams*
- c) *Goal differential for the season (GF-GA = differential)*
- d) *Total goals scored, for the entire season*
- e) *Special playoff game*



### ROYALTY TRIES HIS HAND AT BALL HOCKEY

A member of British royalty tries his hand at ball hockey. Young Prince William interrupted this outdoor game of ball hockey when he toured Yellowknife, North West Territories in 2012. Although he is not dressed for a game, his form was pretty good, and he actually hit the net with his wrist shot! e



## **EDMONTON SOCCER FACILITIES**

Our staff wishes all teams a successful season in 2013!

*To book practice time at any of our 3 facilities, please call our bookings line*

**@ 413-6493 - ext #1**

## **DID YOU KNOW?**

When Ball Hockey Edmonton hosted the 1991 Nationals, teams from our league won 3 of the 6 medals up for grabs. The Edmonton Westars made it all the way to the final, and won the silver medal on the Men's side. On the Women's side, the Edmonton Stingrays claimed the silver medal and the Edmonton Old Abbey won the bronze. This was the best ever showing at Nationals by a host centre!

# CANADA FAILS TO WIN WORLD GOLD AT HOME



The game-plan was simple ... you are Team Canada, playing at the 2013 World Ball Hockey Championships, You are playing at home, in St. John's, Newfoundland. The Newfie crowds are large and very loud. But nobody told the Slovaks or the Czechs the game-plan. For a third straight World Championships, The Canadian Men's team failed to win the gold medal at the 2013 World Ball Hockey Championships. There was once a time not too long ago, where Team Canada ruled the world in the sport we created. Ball hockey gold was almost an automatic for our country at the World Championships, and we were leaders of the pack. Countries like Slovakia, Czechs, and USA were chasing us. Not any more ... now we are doing the chasing.

Canada started the tournament on a high. In the round-robin games, they went 4-0-0 and outscored their opponents 26-5. Victories over Slovakia, Greece, Germany, and Pakistan gave Canada top spot, and things were looking good. But along came the Slovaks, and they knocked off the mighty Canadians by a 2-1 score in the Semi-Finals. The game was an upset, but this was the third World Championships in a row where Canada choked. Playing in front of a huge & loud Newfie crowd, on home turf, Canada could only score 1 goal, after scoring 6.5 goals a game during the round-robin. No excuse for our boys, they needed to get the job done and they did not do that. Canada did save some face, posting a 7-3 win over Portugal.

Perhaps this will be a big wake-up call for the Team Canada program. Time to get rid of the same coaches-managers-scouts who have been around for many years. Time to select new coaches with new ideas. Time to start picking some of the great young talent from across the entire country, not relying on the same old legs. Terry Ryan (Newfoundland) is one of those ... sure he was a great player 12 years ago, and sure he was an NHL draft pick. But that was many years ago and he cannot play at this level any more. A great guy who might be able to contribute as a coach, he took up a spot on the roster. There were another 5-6 players who fit the same category. How can Alberta, a Province with some great ball hockey talent at the top level, have only 2 players on Team Canada? Enough said.

The Women's team did not let the program down, as Team Canada won the gold with a 2-0 win over Slovakia. The ladies went undefeated during the week, and though they did not dominate their opponents, they played very well in their own zone. The Women's team had great crowds all week long in St. John's, and when they won gold, the Newfie crowd went crazy and helped the Canadian girls celebrate their win.

Overall the hospitality from our Newfie friends was great. The 25 teams that played in the 2013 World Championships ( 17 Men & 8 Women) were treated very well. The crowds were huge when Team Canada played, but were very small when other countries played games. The Host Committee should be commended for their efforts ... the Newfies always do a great job when they host any sporting event. The next World Championships are slated for 2015, where all games will be played in Zug, Switzerland.

MEN'S "A" MEDALS	MEN'S "B" MEDALS	WOMEN'S "A" MEDALS
Gold: SLOVAKIA Silver: CZECH REP. Bronze: CANADA	Gold: BERMUDA Silver: ITALY Bronze: ISRAEL	Gold: CANADA Silver: SLOVAKIA Bronze: CZECH REP.



## **STATS & SHORTS**

by Steve Posavec

### **N.H.L. CONTRACTS FOR BALL HOCKEY BOYS**

It is nice to see that the former BHE ball hockey boys who are playing in NHL have signed good contracts with their clubs. The list includes Jared Spurgeon, Tyler Ennis, and Kyle Brodziak. Spurgeon was rewarded for a great season with the Minnesota Wild, as he recently signed a contract extension with the club. He was given a 3-year, \$5 million contract and he is now secure for a while. His good buddy Tyler Ennis re-signed with Buffalo Sabres about a month or so back. His deal was \$5.3 over the next two seasons, which works out to \$2.65 million a season. Kyle Brodziak recently re-signed with the Minnesota Wild, a 2 year deal worth \$5.5 million. The only one who is still unsigned is Mark Fistric, who finished off the season with the Oilers. He is a big, tough defenceman who is a 3 year veteran ... he should be able to find a job with a team (hopefully Oilers). All 4 of the above mentioned played in Ball Hockey Edmonton. Congrats to all of them!

### **BALL HOCKEY BOYS DRAFTED BY NHL**

Draft day was a good day for a couple of local boys, who have ball hockey backgrounds. Tyrell Goulbourne was selected in the 3rd round – 72<sup>nd</sup> overall by the Philadelphia Flyers. Goulbourne played in the WHL with the Kelowna Rockets for the last couple of years. He has been a ball hockey player in the Edmonton Minor league, as he has played with the Red Wings for the last 6 seasons. Tyrell also had the opportunity to play for Team Canada at the World Ball Hockey Championships, playing on the U18 team in 2012 and he played on the U16 team in 2010. He won the gold medal both times. The other drafted player was Peter Quennville, a local player who was taken in the 7<sup>th</sup> round – 195<sup>th</sup> overall by the Columbus Blue Jackets. Peter also played ball hockey with the Edmonton Minor League Red Wings during the 2010 season. Good luck to both boys ... all the best to you in your hockey careers!

### **WHALERS OFF TO NATIONALS**

As mentioned in an earlier newsletter, the BHE Edmonton Whalers will be making the trip out east to play at the Canadian Ball Hockey Nationals. The Whalers, who will be joined by 2 Calgary teams, finished in third at the Tier 1 Provincials last year. They needed an extra team and the Whalers answered the call. Next newsletter we will take a peek at the team going to Montreal in early August.

### **NO GOLD FOR CANADA AT WORLDS**

With Team Canada's failure to win gold at the 2013 World Ball Hockey Championships, perhaps it is time to make some major changes at the top. Team Canada, who last won gold in 2007, needs to change the coaches-managers-selection committee and put in new people. Continually selecting all Eastern guys and only taking 1 or 2 Alberta players every year has got to stop. We have a lot of great young players who would be hungry and could keep up with the Czechs and Slovaks.



## **Saving Sight in Sports & Recreation**

by Mona K Purba O.D. Optometrist

Sports-related eye injuries are a leading cause of permanent vision loss world wide. These injuries are caused by not wearing protective eyewear and often by not wearing eye protection that meet safety standards. By becoming familiar with protective eyewear for various sports, the majority of these injuries can be prevented. The sports responsible for the greatest number of injuries are baseball, ice hockey and racquet sports. Football and basketball were other sources of eye injuries. The most common type of injuries are abrasions and contusions with hyphema (blood in the eye) being the most common reason for hospital admissions.

In a similar prospective evaluation of ocular injuries encountered in a private ophthalmology practice, of the 125 patients examined, 57 suffered corneal abrasion, 48 incurred traumatic iritis, and 45 received lid or orbital contusions and 43 sustained conjunctival hemorrhages.

It is necessary for the active athlete to seek information from their eye care provider and to the type of eye protection needed for their sport. It is also important for the eyecare practitioner to identify one-eyed athletes and to address that patient's particular sports needs and recommend the appropriate protective eyewear.

Canadian Standards Association (CSA) and the American National Standards Institute (ANSI) have developed safety standards. These organizations utilize the ballistic test for testing impact resistance of spectacle lenses. When safety lenses and frames have met the CSA or ANSI standards, the ballistic test has been performed. The ballistic test is a single impact by a 6.5 mm (1/4inch) steel ball propelled at the speed of 18.00=/.5m/s at the centre of the lens, which is mounted in a spectacle frame and placed on a standard head form. The lenses are deemed to pass if they show no breakage of internal faults from the impact of the steel ball. A high-velocity impact optional test can also be incorporated with both standards.

It has been demonstrated that polycarbonate (special plastic) lenses provide the greatest impact resistance to 5 projectiles (air gun pellets, golf balls, tennis balls, lacrosse balls and baseballs) when compared with other safety materials such as high-index plastic, allyl resin plastic, heat tempered glass, chemically tempered glass.

Goggles without lenses, street wear and spectacle correction glasses do not provide adequate eye protection. To be considered as safety lenses, a specific criteria has to be met. To have the optimal eye protection for sports purposes, ensure lenses are polycarbonate and the frames meet the criteria stipulated for safety standards.

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# BALL HOCKEY EDMONTON

## 2013 Men's Playoff Dates

The following is a list of possible playoff dates for Men's "A" Playoffs, which start on January 14th. For exact game times and dates, please go to the website's main page, at [www.ballhockeyedmonton.com](http://www.ballhockeyedmonton.com)

<b>DIVISION</b>	<b>PRELIMINARY</b>	<b>QUARTER-FINALS</b>	<b>SEMI-FINALS</b>	<b>FINALS</b>
Div.01	X	July 14-16-17	July 19-21-22	July 24-26-28
Div.02	X	July 14-16-17	July 19-21-22	July 24-25-28
Div.03	July 14	July 15-17-18	July 19-21-22	July 24-25-28
Div.04	X	July 14-16-18	July 19-21-22	July 24-25-28
Div.05	X	July 14-16-17	July 19-21-22	July 24-26-28
Div.06	X	July 14-16-17	July 18-21-22	July 24-26-28
Div.07	X	July 14-15-17	July 18-21-23	July 24-26-28
Div.08	X	July 14-15-17	July 18-21-23	July 24-26-28
Div.09	X	July 14-15-17	July 18-21-23	July 24-26-28
Div.10	X	July 14-15-17	July 18-21-23	July 25-26-28
Div.11	X	July 14-15-17	July 19-21-22	July 24-26-28
Div.12	X	July 14-15-17	July 18-21-23	July 25-26-28

### ONE LAST TRIBUTE TO OUR 2012 MEN'S WINNERS...

• Tier 1 Champs	NIGHTHAWKS
• Tier 2 Champs	MUSTANGS
• Tier 3 Champs	X-TREME
• Tier 4 Champs	ENTOURAGE

• Division 01 Champs	(A) NIGHTHAWKS
• Division 02 Champs	(A) RAGING BULLS
• Division 03 Champs	(A) MUSTANGS
• Division 04 Champs	(A) X-TREME
• Division 05 Champs	(A) CAMELS
• Division 06 Champs	(A) THE EDGE
• Division 07 Champs	(A) SOUTH SIDE KINGS (B) HAGGARD
• Division 08 Champs	(A) SOUTH SIDE HITMEN (B) EDMONTON RAGING BULLS
• Division 09 Champs	(A) ENTOURAGE (B) BERSERKERS
• Division 10 Champs	(A) THE FARM TEAM (B) REDLINERS
• Division 11 Champs	(A) EAGLES (B) THE WOLVES
• Division 12 Champs	(A) THUNDER CATS (B) PINEAPPLE EXPRESS