



## **U12 BOYS AND GIRLS (Years 2006-2007) – Indoor Soccer 2017-2018**

- **5 V 5 plus a goalie**
- Players born **2006 & 2007** must play in this age group unless exceptional circumstance determined by Ardrossan Soccer Club.
- Players required to have own shin pads, shorts and socks. Jersey will be supplied. **\$100 dollar post-dated cheque** for jersey will be required upon registration and will be returned upon jersey return.
- Season **Mid October, 2015 – February 2016**
- Game day - Saturdays (afternoons ), Monday or Tuesday Practices
- A 50 minute game (2 x 25 minute halves).
- Games will be played either at Millennium Place, Dow Centre in Fort Sask

### **FOCUS ON FUN, PLAYER SKILL DEVELOPMENT, AND TEAM PLAY**

At this stage, players should participate in stimulating practices and games that develop technical skills in a fun atmosphere. The main emphasis should be on developing the primary soccer skills. Primary soccer skills are: proper form for shooting and passing, dribbling (using both left and right foot), team positioning and team play. The environment will be positive and the emphasis on fun and development. In U12 we want to move beyond individual play and move towards team play, so a focus needs to be placed on team positioning.

## **Volunteer Coaches are Essential**

Coaching within Ardrossan Soccer is very rewarding opportunity. All we require is enthusiasm and an encouraging volunteer. We support all our coaches with in-house support from our experienced coaches within Ardrossan Soccer. We do require that all coaches have a valid Criminal Record Check on file with Ardrossan Soccer Club.

**Without volunteer coaches... we are unable to field teams  
no matter how many children are registered.**

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