



Ardrossan ASC Soccer Club

U10 BOYS AND GIRLS (Years 2008-2009) – INDOOR 2017-2018

- **6 V 6 Plus Goalkeeper**
- Players born **2008 & 2009** must play in this age group unless exceptional circumstance determined by Ardrossan Soccer Club. Every effort will be made to have equal and balanced teams when more than one team is registered in age group.
- Registration is on **first come first serve basis**.
- Players required to have own shin pads, shorts and socks.
- Jersey will be supplied. **\$100 dollar post-dated cheque** for jersey will be required upon registration and will be returned upon jersey return.
- **Girls** – Wednesday OR Thursday Games and Monday or Tuesday Practices (**Oct, 2015 – February 2016**)
- **Boys** – Thursday OR Friday Games, Monday or Tuesday Practices (**October 2015 – February 2016**)
- **55** minute time slot will consist of **50** minute game and a **5** min half-time. One practice a week.

FOCUS ON FUN AND PLAYER DEVELOPMENT

At this stage, players will participate in stimulating practices and games that develop basic technical skill in a fun atmosphere. The main emphasis will be on developing the primary soccer skills. Primary soccer skills are: proper form for shooting and passing, dribbling (using both left and right foot), team positioning and team play. The environment will be positive and the emphasis on fun and development. In U10 we want to move beyond individual play and move towards team play, so a focus needs to be placed on team positioning.

Volunteer Coaches are Essential

Coaching within Ardrossan Soccer is very rewarding opportunity. All we require is enthusiasm and an encouraging volunteer. We support all our coaches with in- house support from our experienced coaches within Ardrossan Soccer. We do require that all coaches have a valid Criminal Record Check on file with Ardrossan Soccer Club.

**Without volunteer coaches...we are unable to field teams
no matter how many children are registered.**

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