



U8 MIXED (Years 2009-2010) – OUTDOOR 2017

- Basis of Gameplay: **4 vs. 4 plus Goalkeeper**
- Players born 2009 & 2010 must play in this age group unless exceptional circumstance determined by Ardrossan Soccer Club.
- Registration is on **first come first serve basis**.
- Players required to have own shin pads, shorts and socks.
- Jersey will be supplied.
- Season starts around **May 1 to June 21** (dependant on weather and field conditions)
- Games will be two days a week: **Monday & Wednesday**
- Start times will be **6:30 pm**
- Games will consist of 20 min practice and 40 min game (2 x 20 min halves).
- Games will be played at Fultonvale and/or Uncas Fields.
- Timbits Tournament will be held on **Saturday, June 3** at Uncas.

FOCUS ON FUN AND PLAYER DEVELOPMENT

At the U8 stage, players will participate in stimulating practices and games that develop basic skills in a fun atmosphere. The main emphasis will be on the introduction of the primary soccer skills (dribbling, passing, and shooting). The focus will be developing dribbling skills using all parts of the foot, changing direction, and introduction to passing and shooting. All players will have equal playing time and will have an opportunity to play all positions equally. The environment will be positive and the emphasis is on fun and development.

Volunteer Coaches are Essential

Coaching within Ardrossan Soccer is very rewarding opportunity. All we require is enthusiasm and an encouraging volunteer. We support all our coaches with in- house support from our experienced coaches within Ardrossan Soccer. We do require that all coaches have a valid Criminal Record Check on file with Ardrossan Soccer Club.

**Without volunteer coaches...we are unable to field teams
no matter how many children are registered.**

*P.O. Box 3392, 26 Cranford Way, Sherwood Park, AB T8H 2T3
E-mail ardrossansoccerclub@gmail.com*