



2016 Alberta Summer Games

Athletics Schedule

LCHS John Bole Athletic Park
Leduc, AB

DAY	TIME	EVENT	AGES	
FRIDAY, July 15th	10:00am	100m Heat	15 & U Girls	
		100m Heat	15 & U Boys	
		Shot Put	17 & U Boys	
		Javelin	17 & U Girls	
		Hammer Throw	15 & U Girls	
		Long Jump	15 & U Boys	
	10:15am	100m Heat	17 & U Girls	
		100m Heat	17 & U Boys	
	10:30am	100m (Pent)	15 & U Boys (Pent)	
		100m (Oct)	17 & U Boys (Oct)	
	10:45am	1200m	15 & U Girls	
		1200m	15 & U Boys	
		Triple Jump	17 & U Girls	
	11:00am	1500m	17 & U Girls	
		1500m	17 & U Boys	
		Discus Throw	15 & U Boys	
		High Jump	15 & U Girls	
	11:15am	Long Jump (Oct)	17 & U Boys (Oct)	
		80m Hurdles	15 & U Girls	
	11:30am	100m Hurdles	17 & Girls	
		Shot Put	17 & U Girls	
		Long Jump (Pent)	15 & U Boys (Pent)	
		100m Hurdles (Hep)	17 & U Girls (Hep)	
	11:45am	100m Hurdles	15 & U Boys	
		110m Hurdles	17 & U Boys	
	12:00pm	Discus Throw	15 & U Girls	
		Long Jump	17 & U Boys	
		Medal Presentations # 1		
	12:15pm	Shot Put (Oct)	17 & U Boys (Oct)	
		High Jump (Hep)	17 & Girls (Hep)	
	12:30pm	Shot Put (Pent)	15 & U (Pent)	
	12:45pm	100m Hurdles Final	17 & U Girls	
		Javelin	17 & U Boys	
		100m Hurdles Final	15 & U Boys	
	1:00pm	110m Hurdles Final	17 & U Boys	
		Discus Throw	17 & U Girls	
		80m Hurdles Final	15 & U Girls	
	1:20pm	300m Timed Final	15 & U Girls	
		Shot Put (Hep)	17 & U Girls (Hep)	
	1:30pm	300m Timed Final	15 & U Boys	

		High Jump (Pent)	15 & U Boys (Pent)
		400m Timed Finals	17 & U Girls
1:45pm		400m Timed Finals	17 & U Boys
		400m (Oct)	17 & U Boys (Oct)
2:00pm		100m Finals	15 & U Girls
		Discus Throw	17 & U Boys
		100m Finals	15 & U Boys
2:15pm		100m Finals	17 & U Girls
		100m Finals	17 & U Boys
2:30pm		200m (Hep)	17 & U Girls (Hep)
		High Jump	17 & U Girls
2:45pm		1000m (Pent)	15 & U Boys (Pent)
3:00pm		Medley	15 & U Girls
		Medley	15 & U Boys
3:15pm		Medley	17 & U Girls
		Medley	17 & U Boys
3:40pm	Medal Presentations # 2		

DAY	TIME	EVENT	AGES
SATURDAY, July 16th	10:00am	110m Hurdles (Oct)	17 & U Boys (Oct)
		Javelin	15 & U Girls
		Hammer Throw	15 & U Boys
		High Jump	17 & U Boys
		Long Jump	17 & U Girls
		100m (Pent)	15 & U Girls
	10:15am	200m Heats	15 & U Girs
		200m Heats	15 & U Boys
	10:30am	200m Heats	17 & U Girls
		200m Heats	17 & U Boys
	10:50am	2000m Finals	15 & U Girls
		High Jump (Pent)	15 & U Girls
	11:00am	Shot Put	15 & Girls
		Javelin	15 & U Boys
		Hammer Throw	17 & U Girls
		Triple Jump	17 & U Boys
	11:05am	2000m Finals	15 & U Boys
	11:20am	3000m Finals	17 & U Girls
	11:35am	3000m Finals	17 & U Boys
	11:45am	High Jump (Oct)	17 & U Boys
		200m Hurdles Heats	15 & U Girls
		Long Jump (Hep)	17 & U Girls
	12:00pm	200m Hurdles Heats	15 & U Boys
		Triple Jump	15 & U Girls
		Shot Put (Pent)	15 & U Girls
		300m Hurdles Heats	17 & U Girls

12:15pm	300m Hurdles Heats	17 & U Girls
	Hammer Throw	17 & U Boys
12:30pm	Javelin Throw (Oct)	17 & U Boys
	Medal Presentations #3	
12:40pm	High Jump	15 & U Boys
1:00pm	Long Jump	15 & U Girls
1:15pm	200m Finals	15 & U Girls
	200m Finals	15 & U Boys
1:30pm	200m Finals	17 & U Girls
	200m Finals	17 & U Boys
	Javelin Throw (Hep)	17 & U Girls
	Long Jump (Pent)	15 & U Girls
1:50pm	800m Finals	15 & U Girls
2:00pm	Shot Put	15 & U Boys
	Triple Jump	15 & U Boys
2:05pm	800m Finals	15 & U Boys
2:20pm	800m Finals	17 & U Girls
2:35pm	800m Finals	17 & U Boys
2:50pm	800m (Pent)	15 & U Girls
3:00pm	800m (Hep)	17 & U Girls
	1000m (Oct)	17 & U Boys
3:25pm	4X100m	15 & U Girls
3:30pm	4X100m	15 & U Boys
	4X100m	17 & U Girls
3:45pm	4X100m	17 & U Girls
3:55pm	Medal Presentations #4	

Last Updated: May 5, 2017