



PLAYER CODE OF CONDUCT

The Airdrie Ringette Association believes strongly in the values of teamwork, sportsmanship and leadership through example. As a player in the ARA organization, your actions reflect not only on you, but also on your teammates, your coaches and the ARA program.

- I will never curse or use foul language.
- I will respect my coaches at all times and listen carefully to their instructions. I understand that they are giving their time to make me a better Ringette player.
- I will support and respect other Airdrie association teams players, my own teammates and opponents at all times. I will be a "TEAM PLAYER" and appreciate the contributions that each player makes. I will not tease, ridicule, put down or make fun of any Airdrie association players or any players on any opposing team, at any time.
- I will not use any form of Social Media to harass, defame or otherwise attack or offend, another member of our association or our opponents at any time.
- I understand that my behavior both in person and online reflects on my teammates, my coaches and the ARA program. I will always be on my best behavior at games, practices, hotels and other team events.
- I will not complain about penalties or calls made by the officials and I will respect the referees at all times. I understand that they are in charge of enforcing the rules of Ringette, and I will respect their opinions at all times.
- I will show good sportsmanship at all times, both when winning and losing. I will always congratulate the other team and wish them good luck.
- I will be committed to developing as a ringette player. This includes attending practice, listening to my coach, and always giving my best effort and will work hard to improve my skills.
- I will arrive at practices and games on time and prepared. I understand that it is my responsibility to have all of my equipment packed and ready to play a game.
- I will always leave the locker room clean and in good condition, both at my home rink and away.
- I will never bring drugs, alcohol, tobacco products or weapons of any kind to ARA games, practices, trips or other events.

I understand that by signing this agreement I promise to uphold the ARA Player Code of Conduct. I realize that any violation of this Code of Conduct may result in loss of ice-time, suspension for part of or all of a game, or even ejection from the ARA Program.

Season / Level / Team Name

Players Name
