

This list is designed from extensive experience. It is highly recommended to follow this list as close as possible. The following is the required gear that the Cadet is to bring on exercise. **If the Cadet does not have the equipment available to him or herself, and is unable to borrow it, than it is expected that the Cadet will bring this to the attention of the Squadron staff so that it can be located.**

Cadet Kit Inspections will take place on the Friday night of the FTX. Cadets will be separated by gender and will have their kit inspected by an officer or screened parent of the same gender

A. CLOTHING

Rain Gear (jacket & pants or poncho)
Warm Gloves
Sweatshirts (min 2)
Warm pants (min 2 pair, Jeans are **NOT** recommended)
Long sleeve shirts (min 3)
Wool socks (min 3 pair)
Underclothing (4 pair min)
Warm jacket
Toque
Ball cap or sun hat
Boots (Should be waterproof & suitable for hiking)
Extra Footwear
Sunglasses
Pajamas

B. TOILETRIES

Toothbrush
Toothpaste
Washcloth
Hand towel
Soap
Hand Sanitizer
Sunscreen
Insect Repellant
Comb/brush (females: elastics for hair)
Other hygiene products

C. NON CLOTHING ITEMS

Back-pack
Notebook
Pencil
Water Bottle
Flashlight with spare batteries
Pillow (Optional)
Ziploc Bag of Dryer Lint (optional)
Any daily use medication

D. PROHIBITED ITEMS

Hand Held Radios
Cigarettes, e-cigarettes, lighters, or matches
Alcohol
Drugs

Pornographic material
Weapons of any kind (unless authorized)
Portable stereo
Cell phones (cell phones will be collected by staff and kept for the weekend)
Food or drinks (excluding water and dietary restriction food)