

**Annex D**

1085-20-1 (Trg O)

04 Oct 18

**PERSONAL KIT LIST**

This list is designed from extensive experience. It is highly recommended to follow this list as close as possible. The following is the required gear that the Cadet is to bring on exercise.

**If the Cadet does not have the equipment available to him or herself, and is unable to borrow it, than it is expected that the Cadet will bring this to the attention of the Squadron staff so that it can be located.**

Cadet Kit Inspections will take place on the Friday night of the FTX. Cadets will be separated by gender and will have their kit inspected by an officer or screened parent of the same gender

<p><b><u>A. CLOTHING</u></b></p> <p>Rain Gear (jacket &amp; pants or poncho) Warm Gloves Sweatshirts (min 2) Warm pants (min 2 pair, Jeans are <b>NOT</b> recommended) Long sleeve shirts (min 3) Wool socks (min 3 pair) Underclothing (4 pair min) Warm jacket Toque Ball cap or sun hat Warm Boots (Suitable for hiking) Extra Footwear Pajamas</p>	<p><b><u>B. TOILETRIES</u></b></p> <p>Toothbrush Toothpaste Washcloth Hand towel Soap Hand Sanitizer Sunscreen Insect Repellant Comb/brush (females: elastics for hair) Foot powder Feminine hygiene products Other hygiene products</p>
<p><b><u>C. NON CLOTHING ITEMS</u></b></p> <p>Backpack Notebook Pencil Water Bottle Flashlight with spare batteries Pillow (Optional) Ziploc Bag of Dryer Lint (optional) Travel Mug (Wide Opening) Camping/Survival KFS Set (Knife, Fork Spoon) Camping Chair Sunglasses <i>Any daily use medication</i></p>	<p><b><u>D. PROHIBITED ITEMS</u></b></p> <p>Electronics, Mobiles Devices, Hand Held Radios Cigarettes, e-cigarettes, vapes, lighters, or matches Alcohol Drugs Pornographic material Weapons of any kind Knives (unless authorized) Cell phones (cell phones will be collected by staff and kept for the weekend) Food or drinks (excluding water and dietary restriction food)</p>